Safe and Healthy Futures in Genesee County

Prevention Research Center of Michigan
2012 Symposium

Welcome and Introduction

David Gordon, Dean, UM Flint School of Health Professions and Studies

Mark Valacak, Health Officer, Genesee County Health Department

Overview of the PRC/MI

Marc Zimmerman
Director, PRC/MI
University of Michigan School of Public Health

PRC/MI Community Board Partners

Dort-Oak Park Neighborhood House

Flint Odyssey Awareness Center

Flint/Genesee County Neighborhood Roundtable

Genesee County Health Department

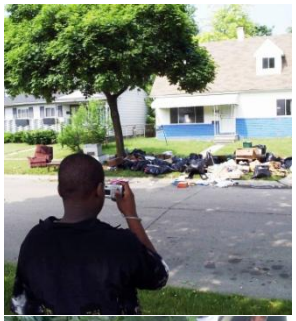
Genesee County Community Action Resource Center

Greater Flint Health Coalition

YOUR Center

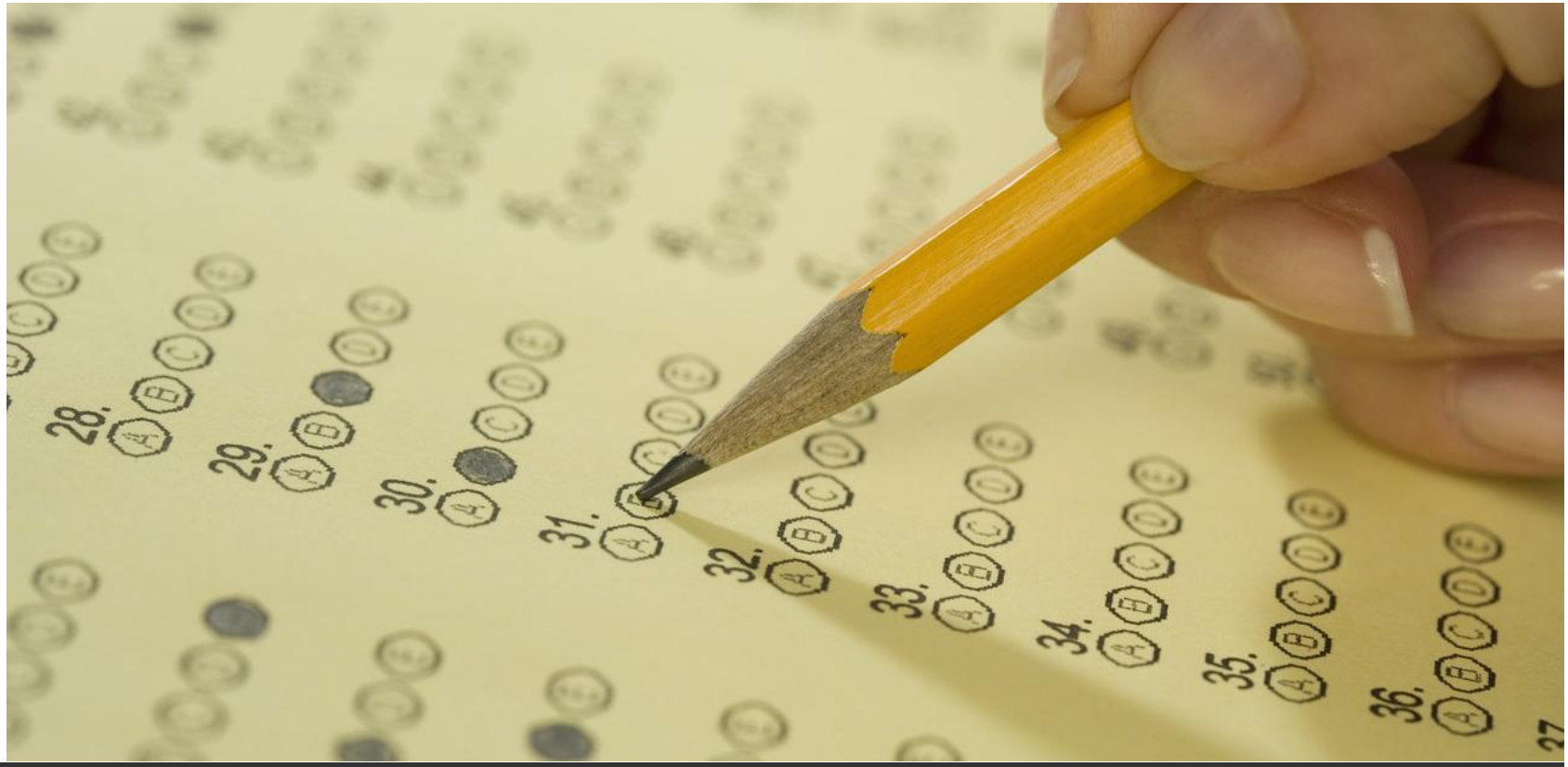
University of Michigan School of Public Health

University of Michigan - Flint



2011 Speak To Your Health! Community Survey

Presented by the
PRC/MI Survey Committee
and the
PRC/MI Genesee County Community Board



Survey Methodology

Daniel J. Kruger,
University of Michigan School of Public Health

2011 Survey Committee

Co-Chairs:

- Daniel Kruger, UM-SPH (past Chair)
- Susan Frazier-Kouassi, UM-SPH (current Chair)
- Suzanne Cupal, Genesee County Health Department

Committee Members:

- Bettina Campbell, YOUR Center
- E. Hill De Loney, Flint Odyssey House - HAC
- Micki Juip, Hurley Medical Center
- Erin Conklin, Genesys Health System
- Arlene Sparks, GCCARD
- Mark Valacak, Genesee County Health Officer

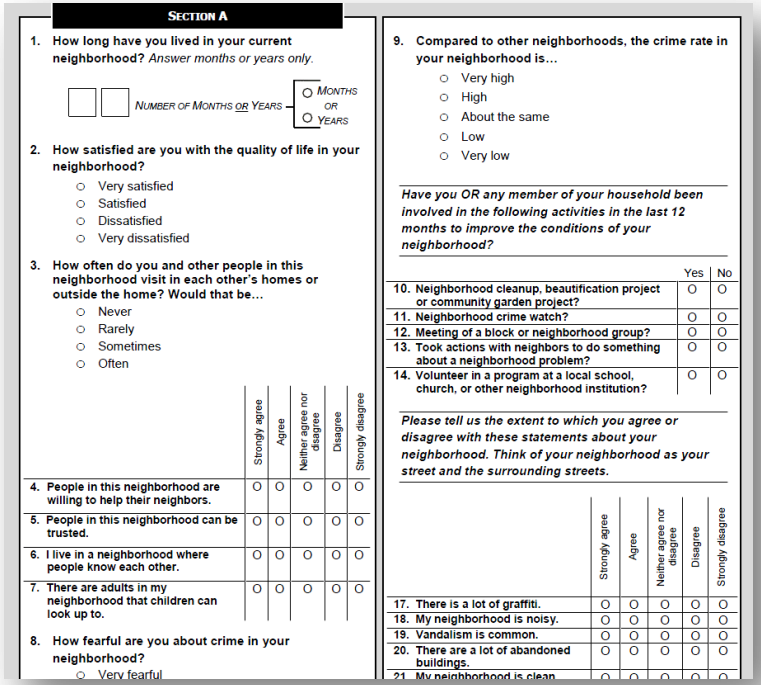
Multi-modal Design

- Random sample of adults 18+ in Genesee County
- Telephone interviews
- Mailed hard copy
- On-line survey
- Results will be weighted

Multi-modal survey

911 Mail-in

61 Telephone



SECTION A

1. How long have you lived in your current neighborhood? *Answer months or years only.*

   ☐☐ NUMBER OF MONTHS OR YEARS — ○ MONTHS OR ○ YEARS

2. How satisfied are you with the quality of life in your neighborhood?
   - ○ Very satisfied
   - ○ Satisfied
   - ○ Dissatisfied
   - ○ Very dissatisfied

3. How often do you and other people in this neighborhood visit in each other's homes or outside the home? Would that be…
   - ○ Never
   - ○ Rarely
   - ○ Sometimes
   - ○ Often

	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
4. People in this neighborhood are willing to help their neighbors.	O	O	O	O	O
5. People in this neighborhood can be trusted.	O	O	O	O	O
6. I live in a neighborhood where people know each other.	O	O	O	O	O
7. There are adults in my neighborhood that children can look up to.	O	O	O	O	O

8. How fearful are you about crime in your neighborhood?
   - ○ Very fearful

9. Compared to other neighborhoods, the crime rate in your neighborhood is…
   - ○ Very high
   - ○ High
   - ○ About the same
   - ○ Low
   - ○ Very low

Have you OR any member of your household been involved in the following activities in the last 12 months to improve the conditions of your neighborhood?

	Yes	No
10. Neighborhood cleanup, beautification project or community garden project?	O	O
11. Neighborhood crime watch?	O	O
12. Meeting of a block or neighborhood group?	O	O
13. Took actions with neighbors to do something about a neighborhood problem?	O	O
14. Volunteer in a program at a local school, church, or other neighborhood institution?	O	O

Please tell us the extent to which you agree or disagree with these statements about your neighborhood. Think of your neighborhood as your street and the surrounding streets.

	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
17. There is a lot of graffiti.	O	O	O	O	O
18. My neighborhood is noisy.	O	O	O	O	O
19. Vandalism is common.	O	O	O	O	O
20. There are a lot of abandoned buildings.	O	O	O	O	O
21. My neighborhood is clean.	O	O	O	O	O

285 Online

15 CBO recruited

2011 Survey Topics

- Physical and Mental Health
- Health Care Access, Coverage, Satisfaction, Trust
- Health Promoting Behaviors (nutrition, exercise, etc.)
- Health Adverse Behaviors (tobacco use, etc.)
- Spirituality, Religion, and Health
- Experiences of and Perceptions of Racism
- Financial Health
- Violence, Crime, and Incarceration
- Perceptions of Neighborhood Conditions
- Sleep Quality

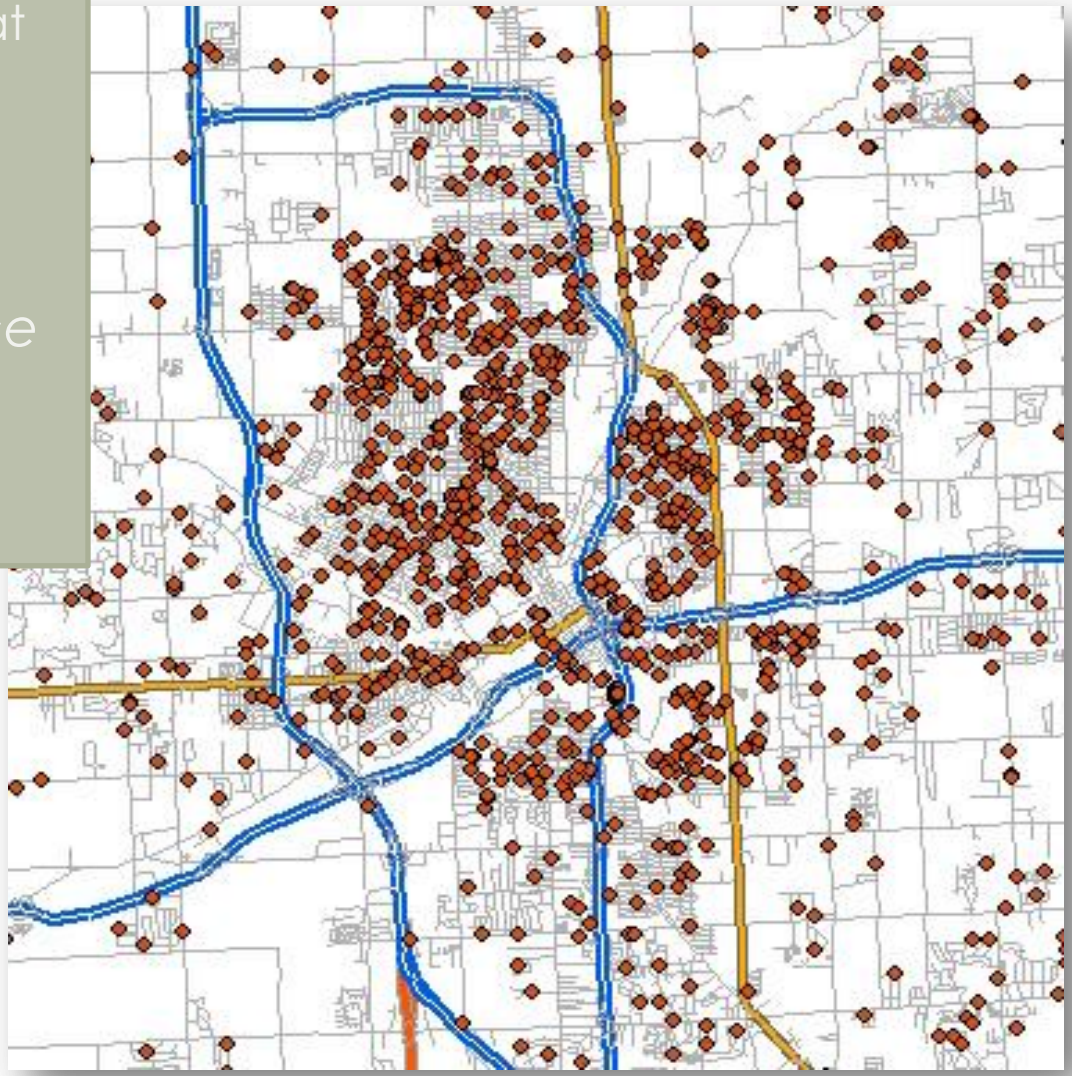
Strengths

- Needs assessment, planning, and program evaluation
- Best local health data in Michigan
- Comparison of health data at various levels
- Geographic mapping of information can identify areas with certain assets or need

Geographic Mapping

Survey data can be mapped and analyzed at different geographical levels:

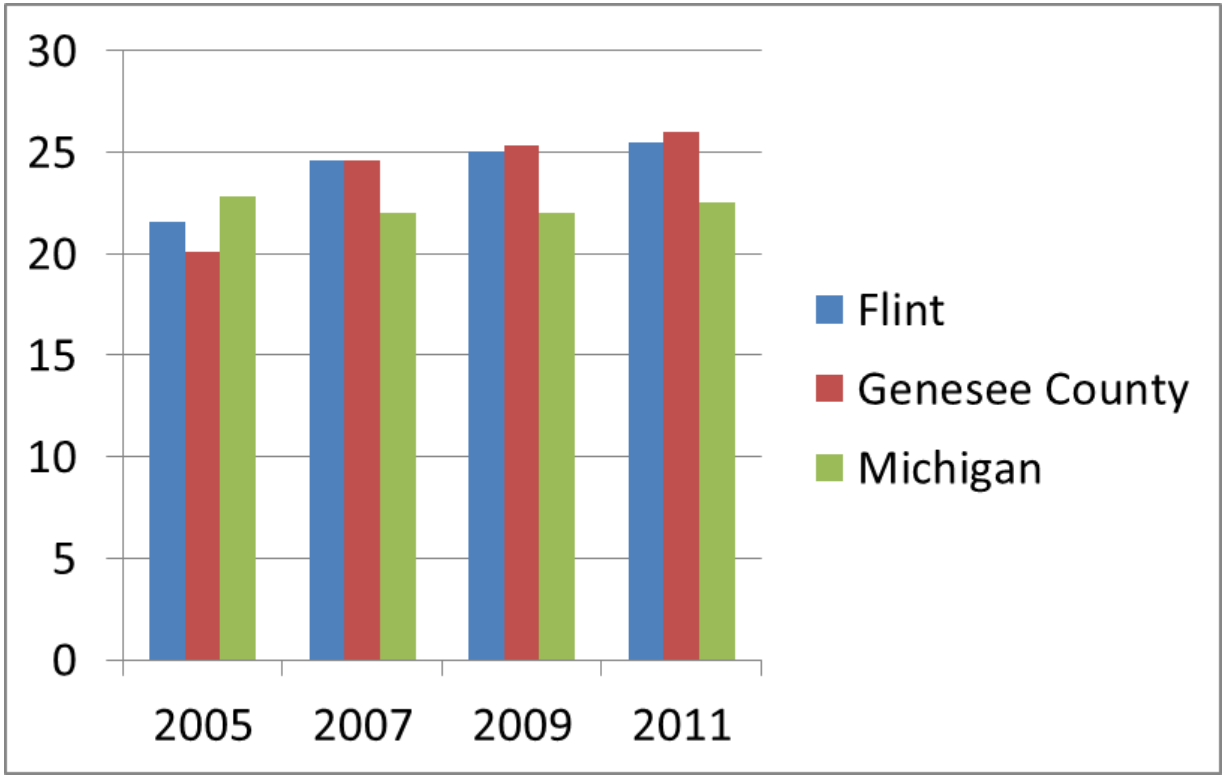
- *Census Tract*
- *ZIP Code*
- *School attendance area*
- *City Ward*
- *Etc.*



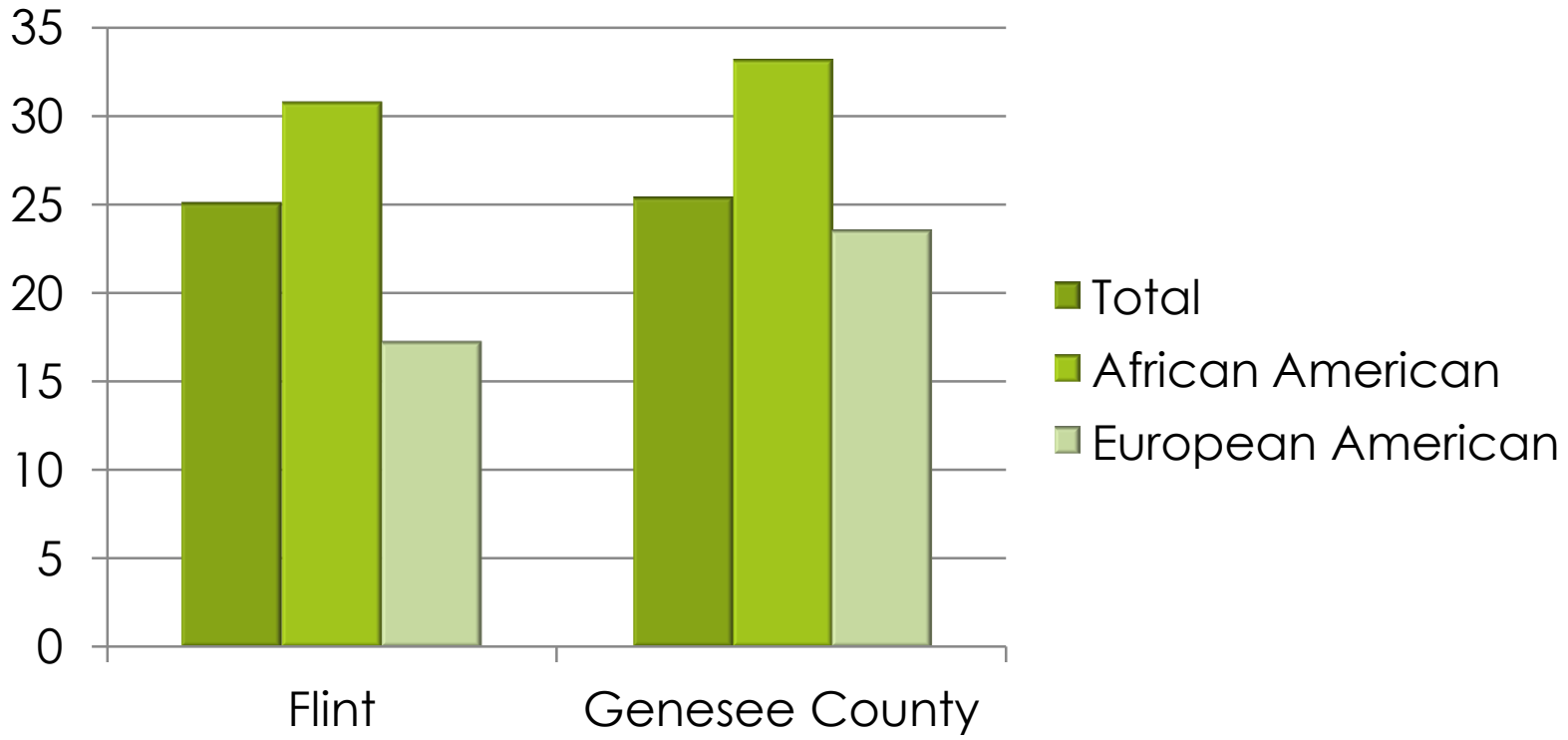
Nutrition and Physical Activity

Tony Cuttitta
Greater Flint Health Coalition

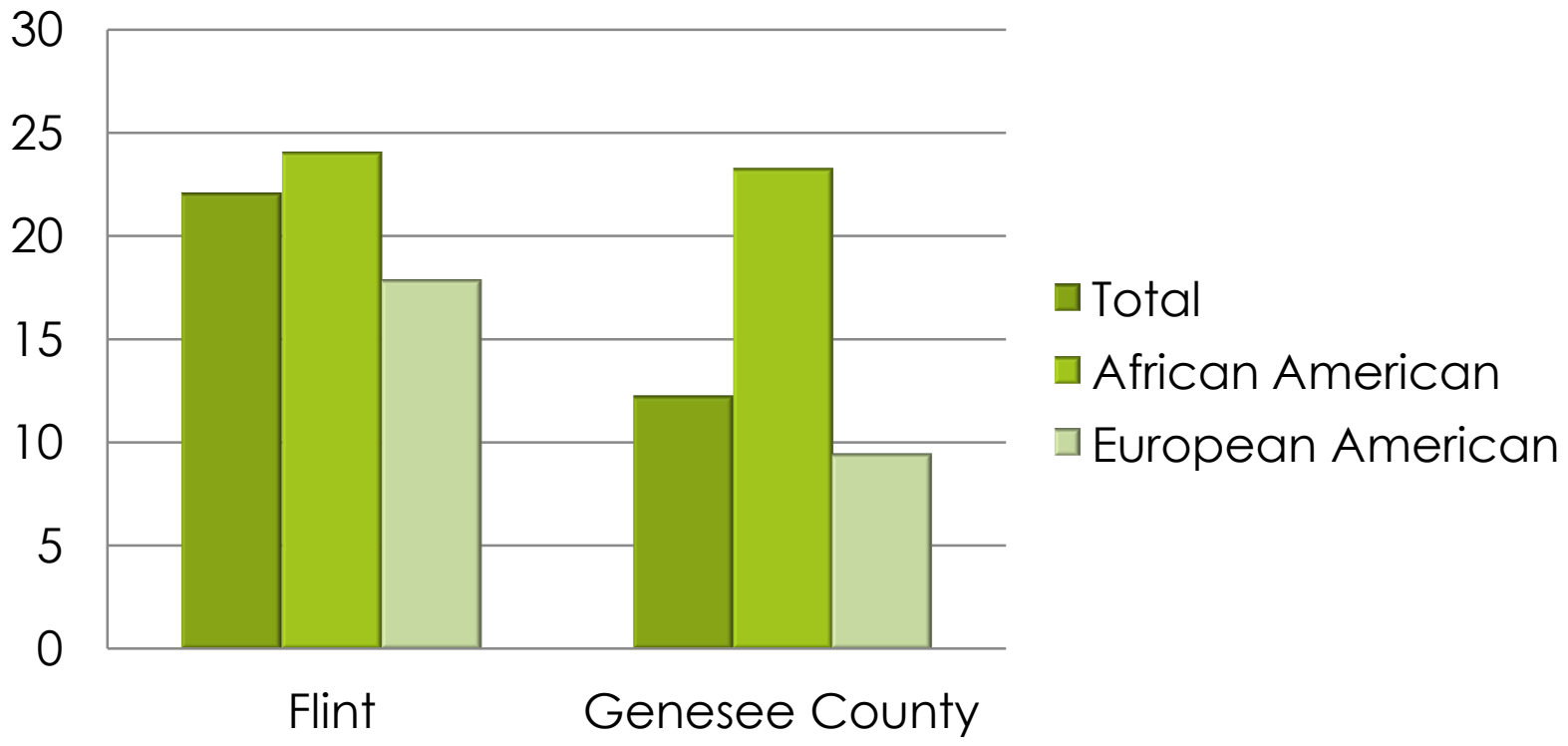
Percent Who Consume at Least 5 Fruits and Vegetables per Day, 2005-2011



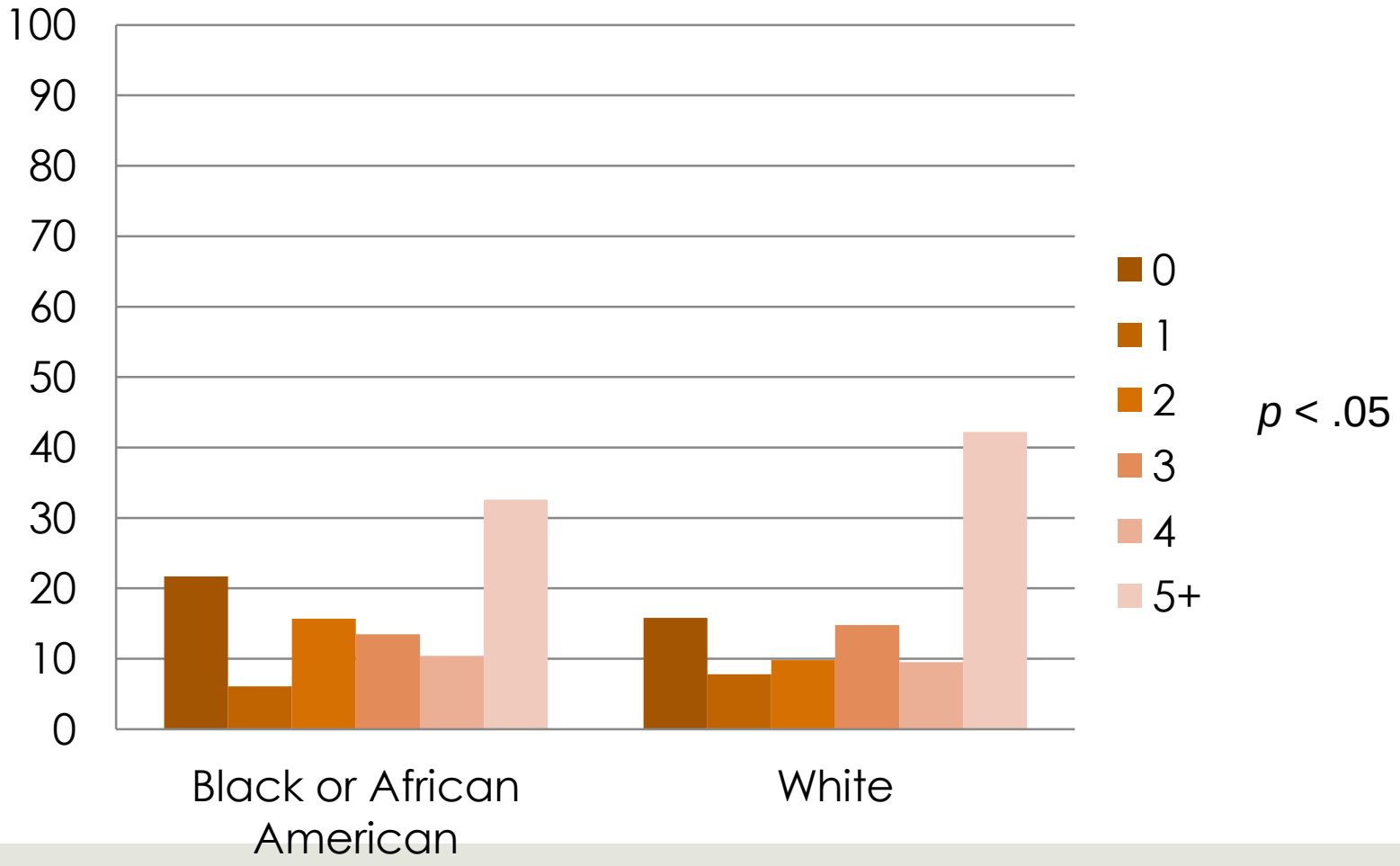
Consume at Least 5 Fruits and Vegetables per Day by Race, 2011



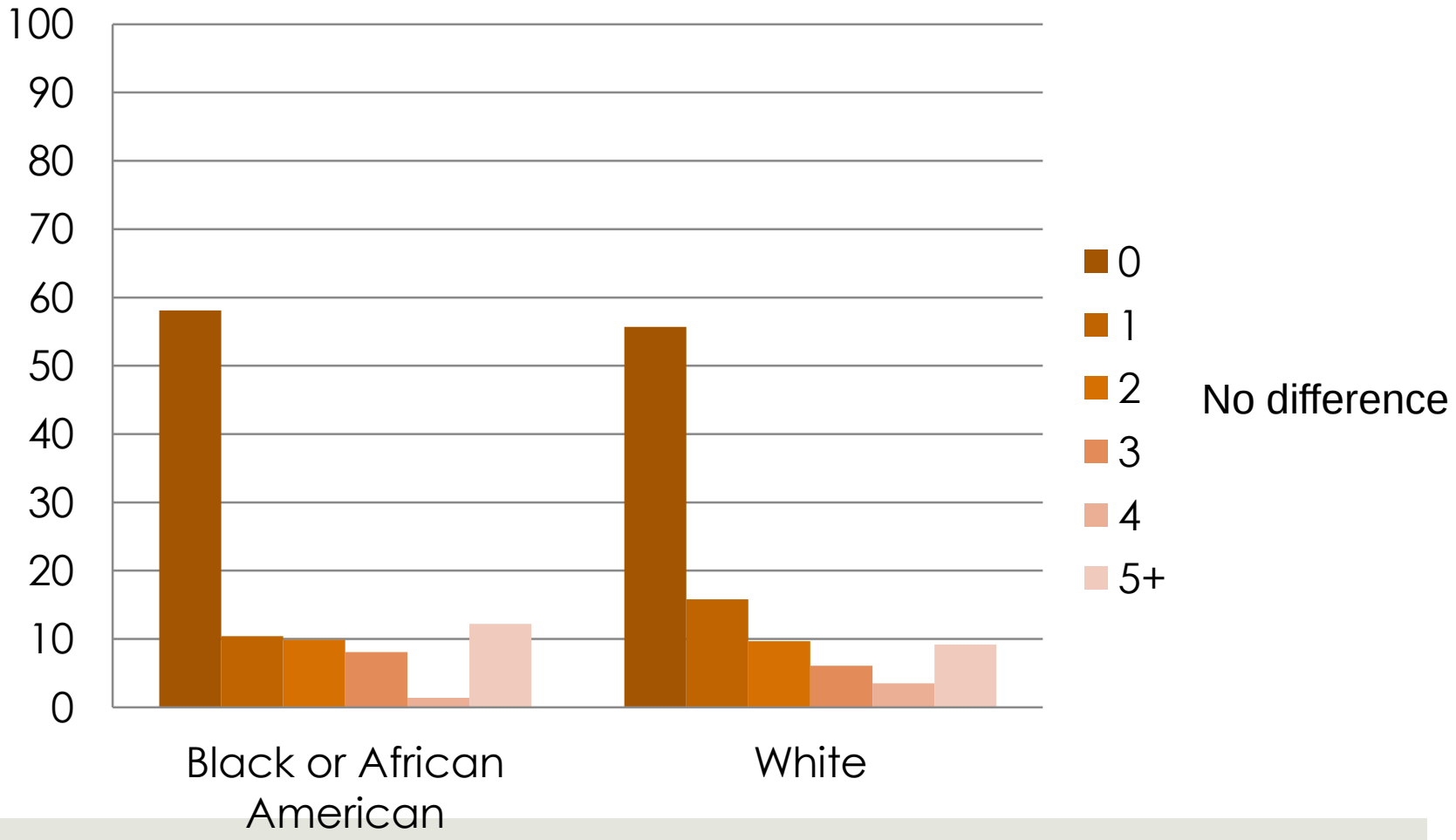
Difficulty Getting to a Grocery Store or Supermarket with a Variety of Fresh Fruits and Vegetables by Race, 2011



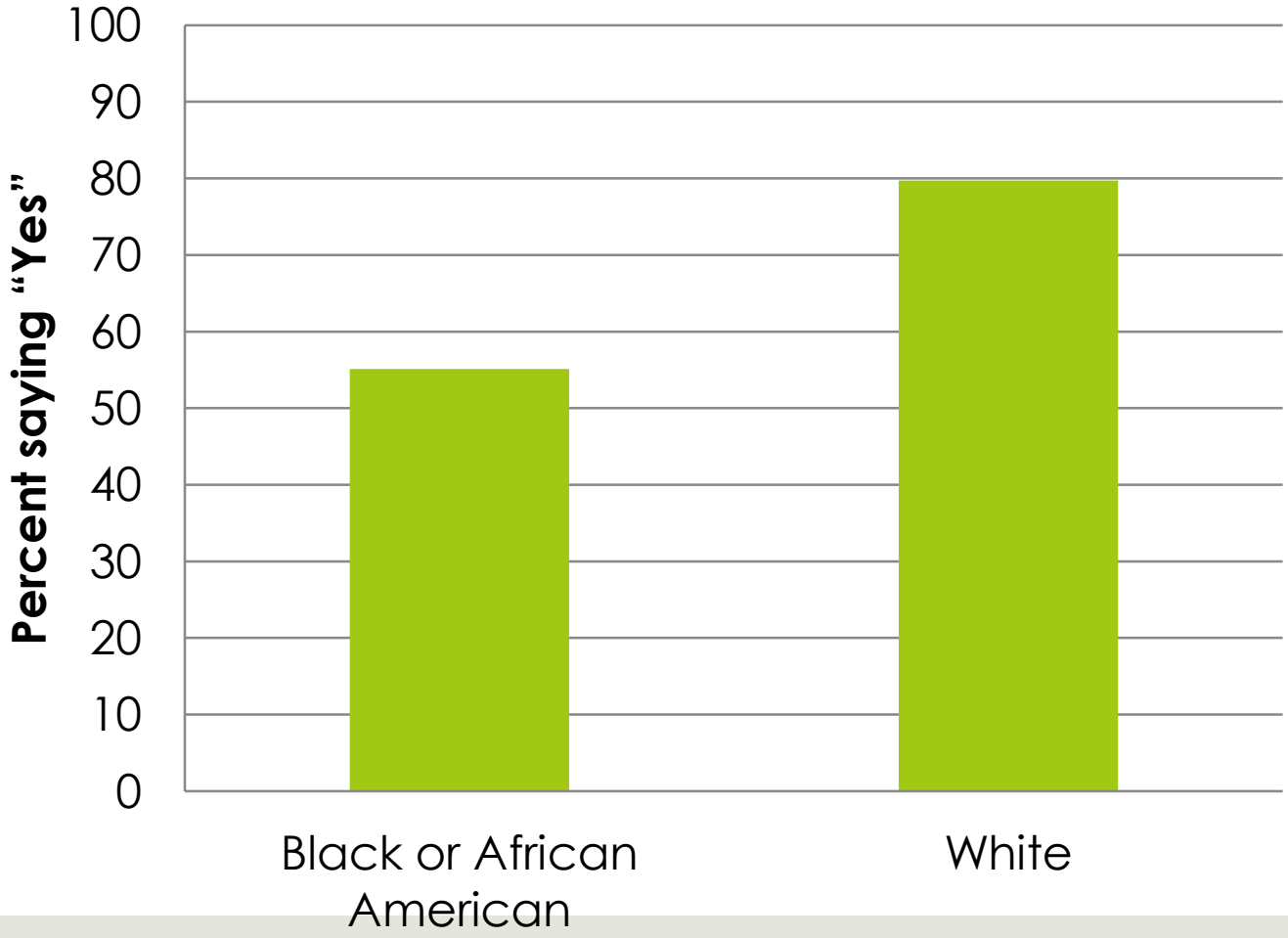
How many days per week do you engage in moderate physical activity?



How many days per week do you engage in vigorous physical activity?



Is there a park in your neighborhood that you feel safe using for physical activity?



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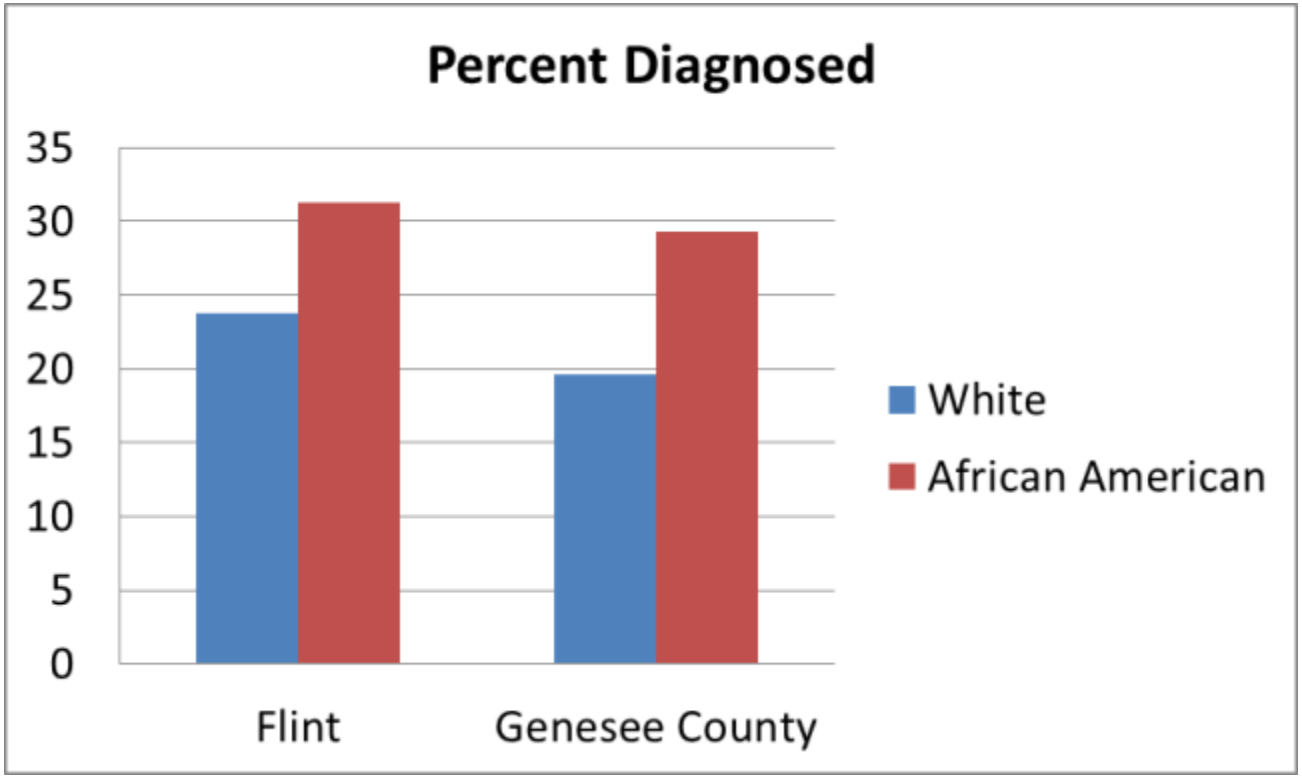
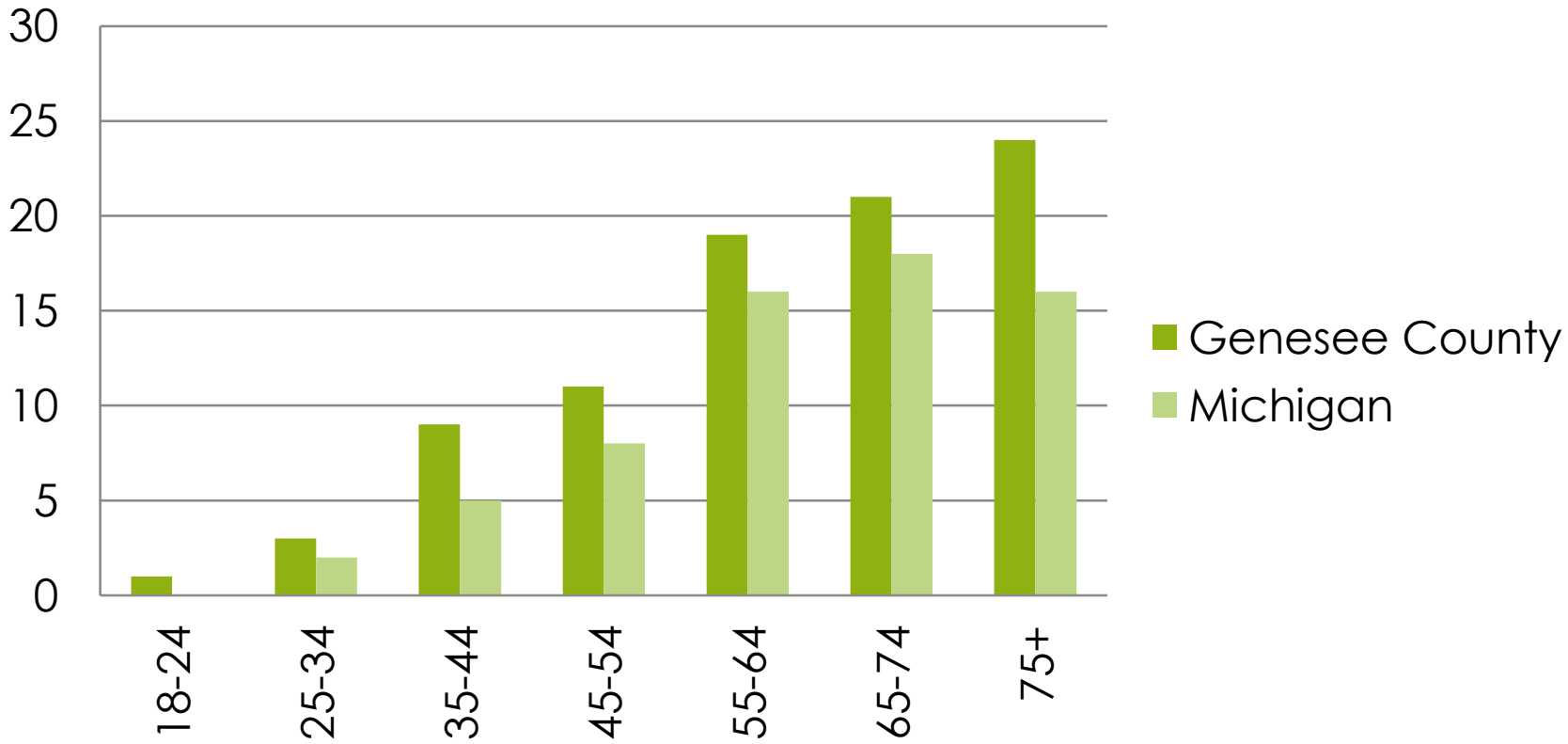
Diabetes

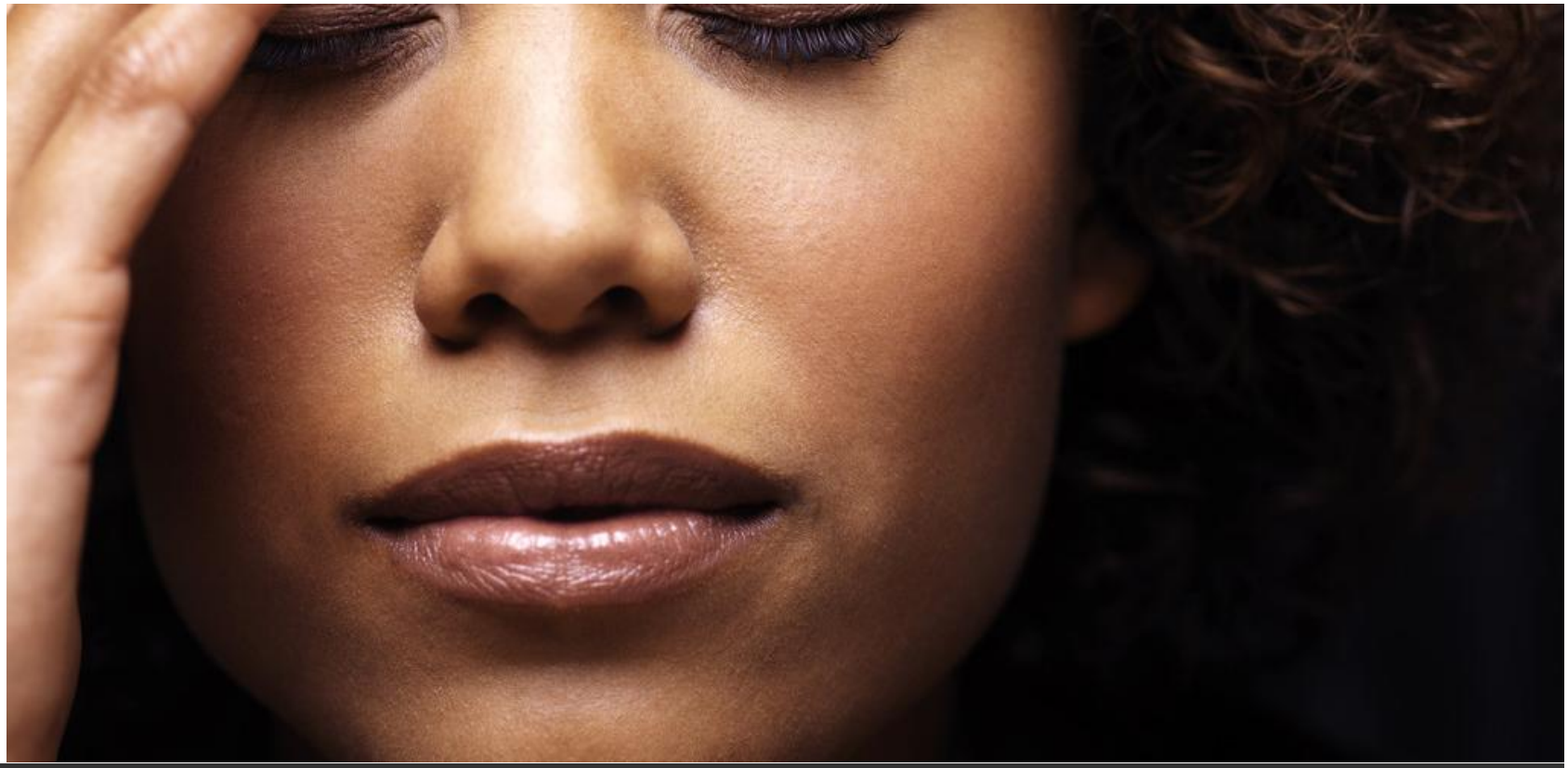
Micki Juip
Hurley Medical Center

Have you been diagnosed with diabetes by a doctor? (by race)



Have you been diagnosed with diabetes by a doctor? (by age)



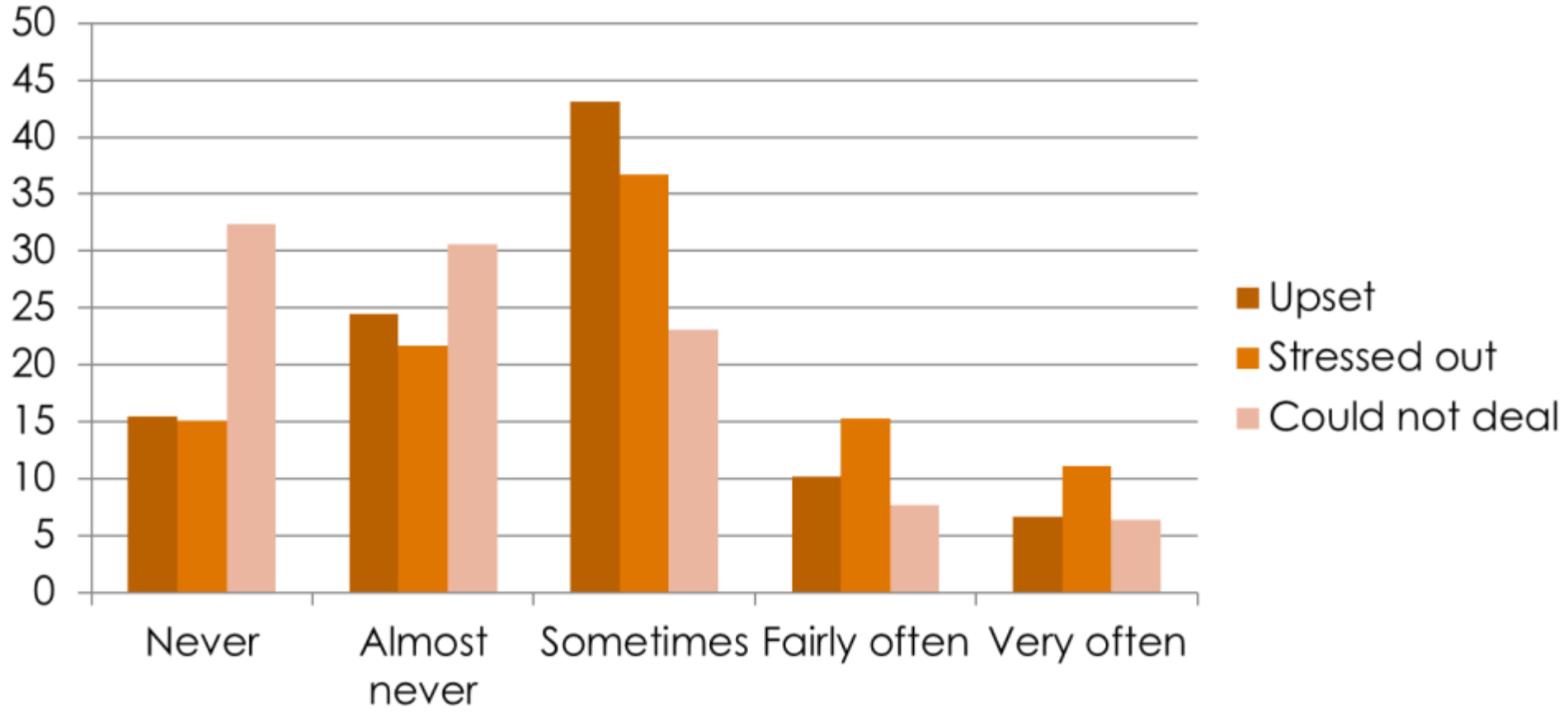


Mental Health

Shante Burke
Community Mental Health

Mental health: Stress

How often have you...
...been upset because of something that happened that you didn't expect?
...felt nervous and stressed out?
...felt that you had so many problems that you could not deal with them?



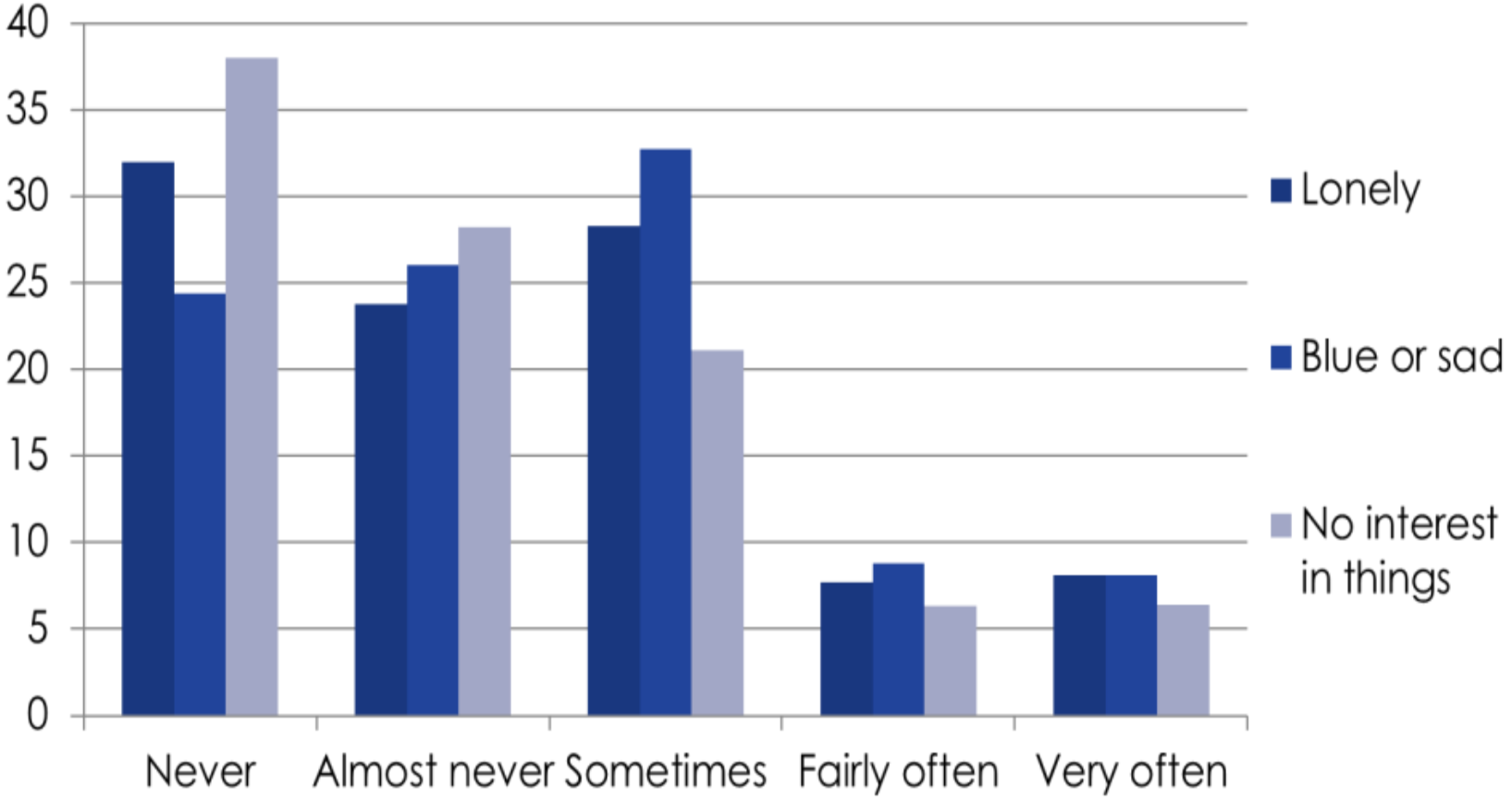
Mental health: Depressive symptoms

During the past week, how often you felt or thought...

…lonely

…blue or sad

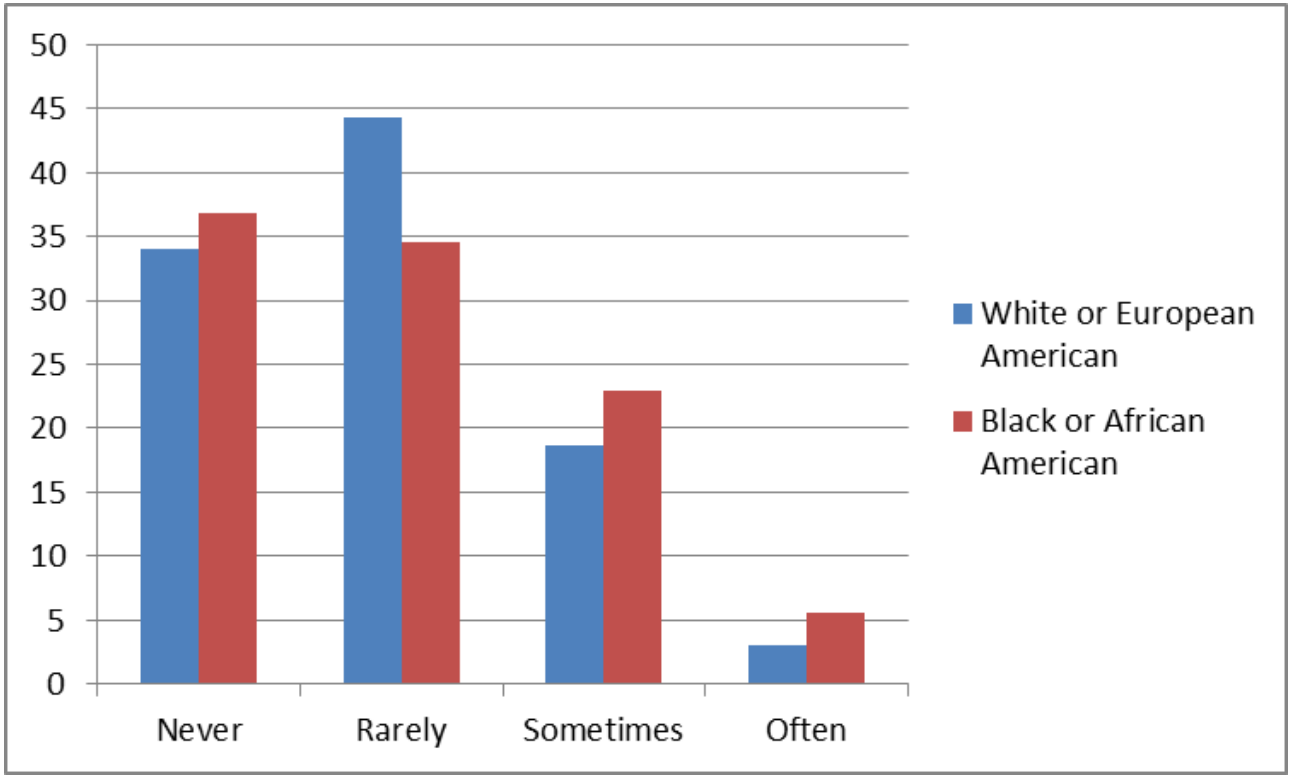
…no interest in things



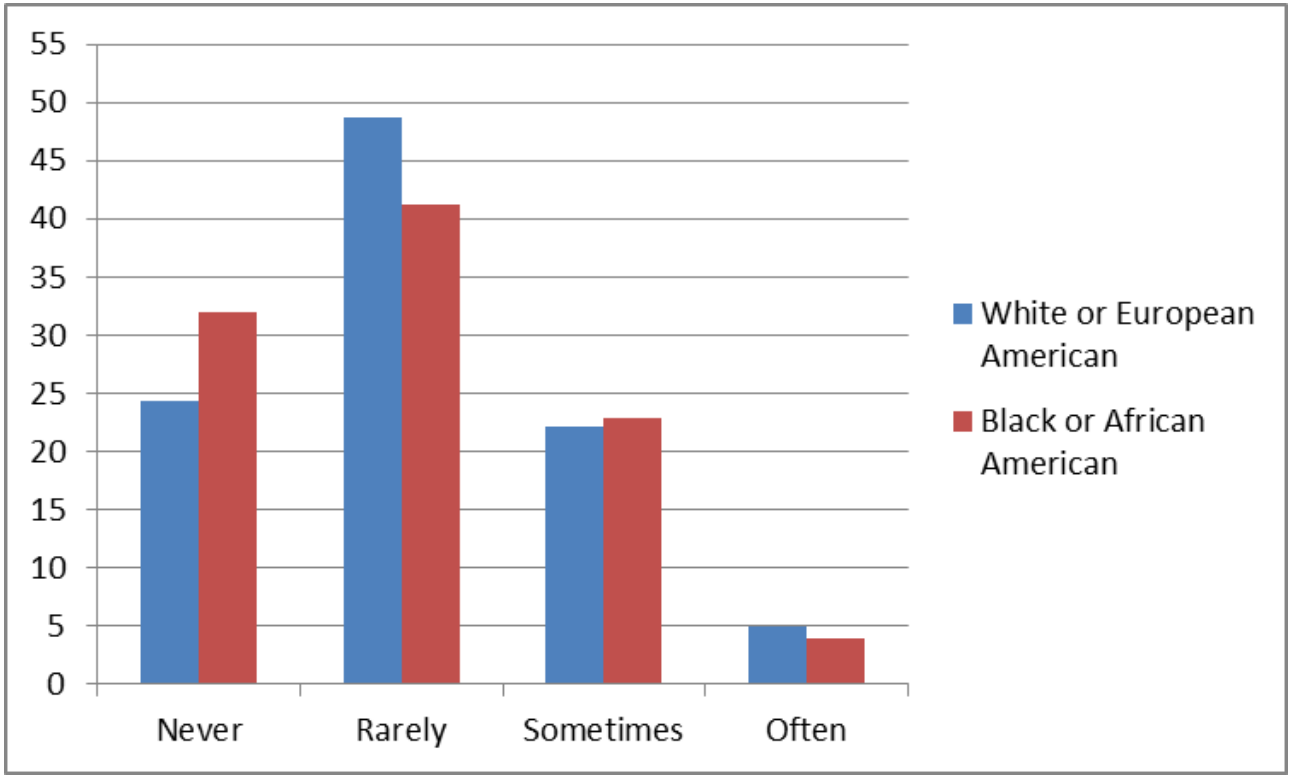
Discrimination

Elder Sarah Bailey,
Bridges into the Future

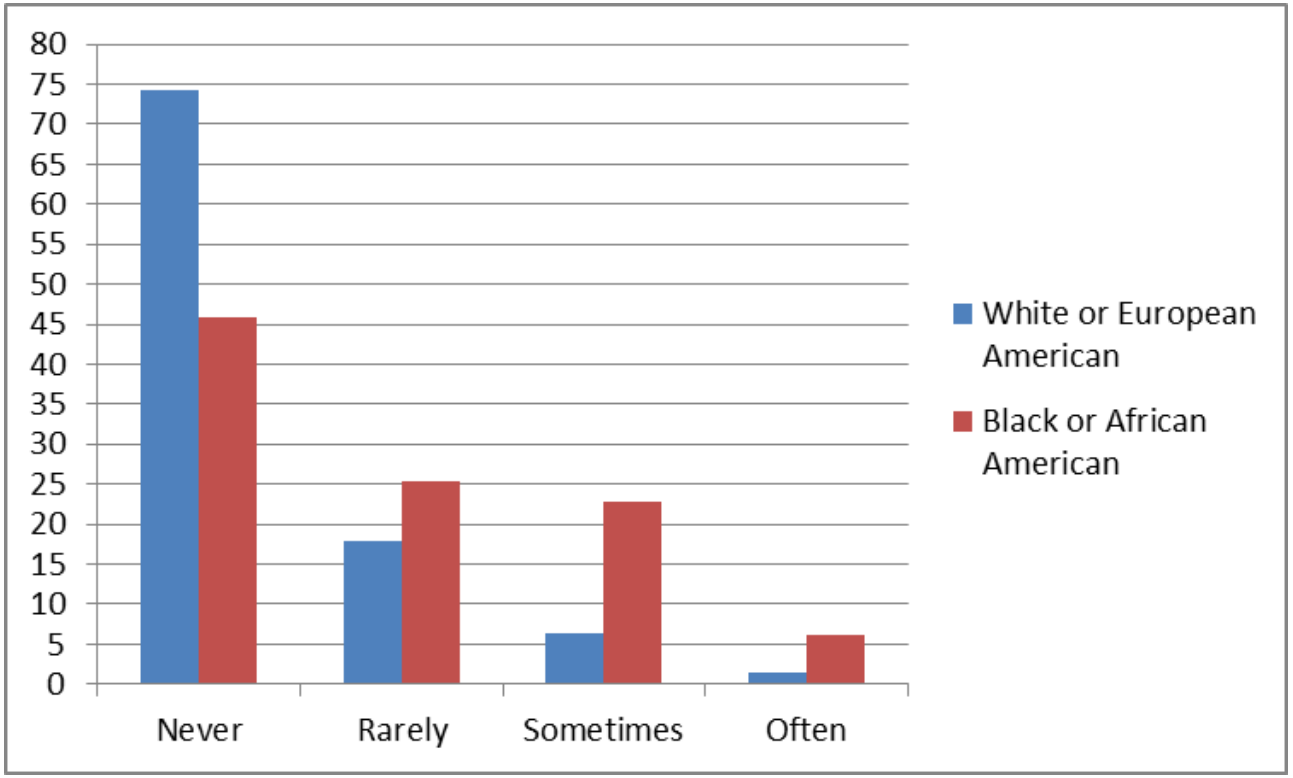
How often are you…
ignored, overlooked, or not given service (restaurant, store, etc.)



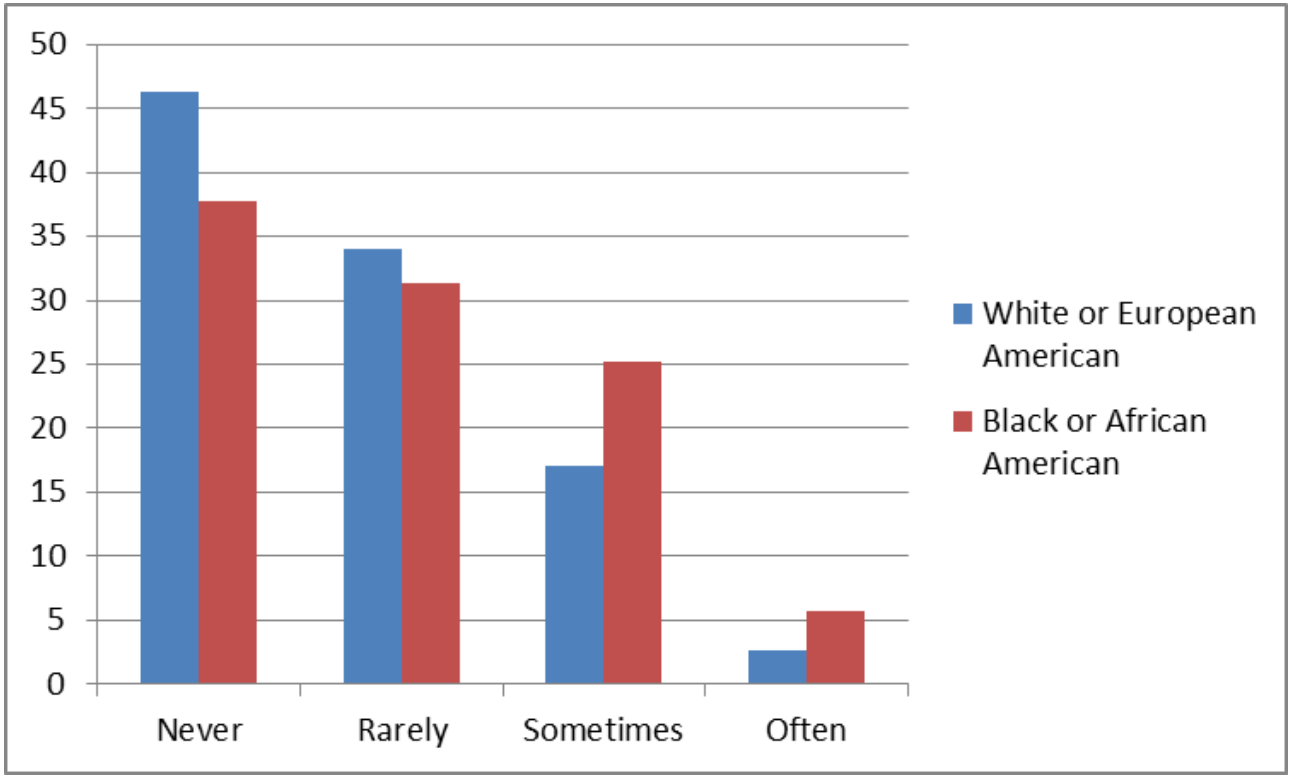
How often are you…
treated rudely or disrespectfully



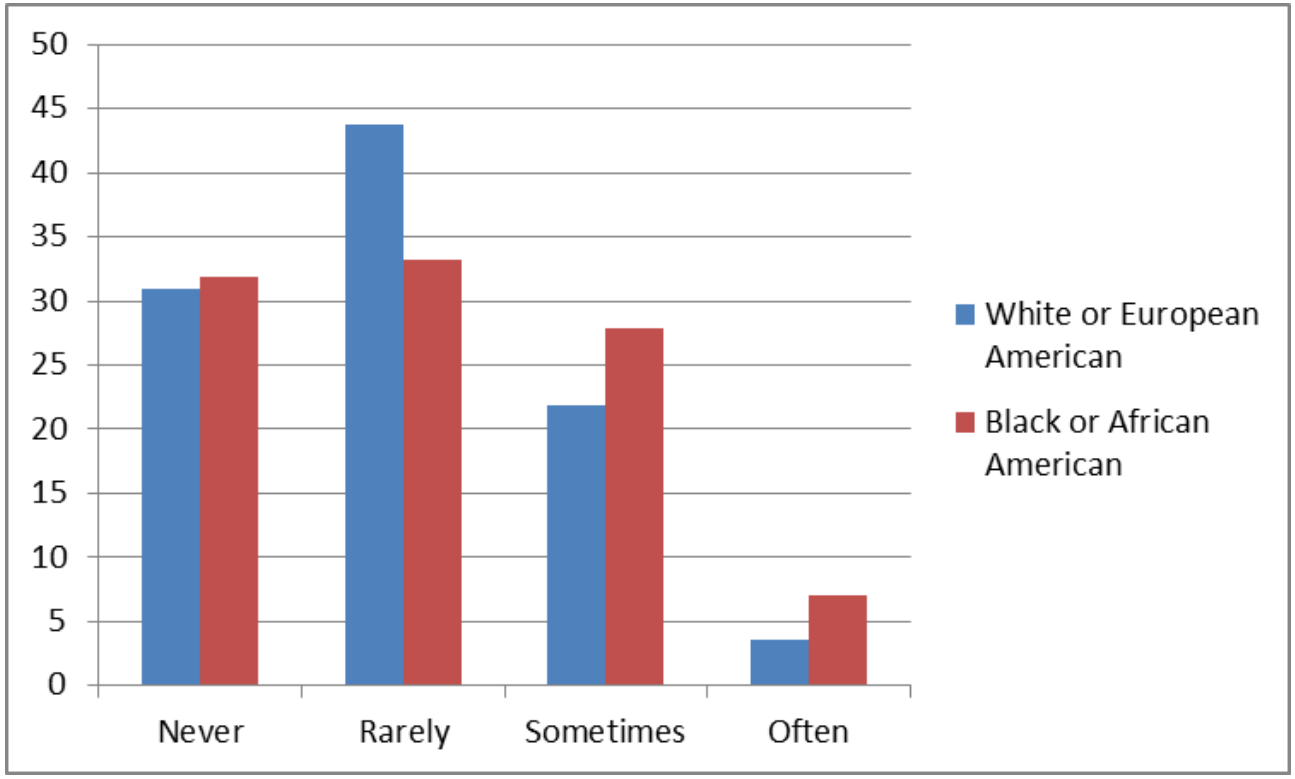
How often are you…
observed or followed while in public places



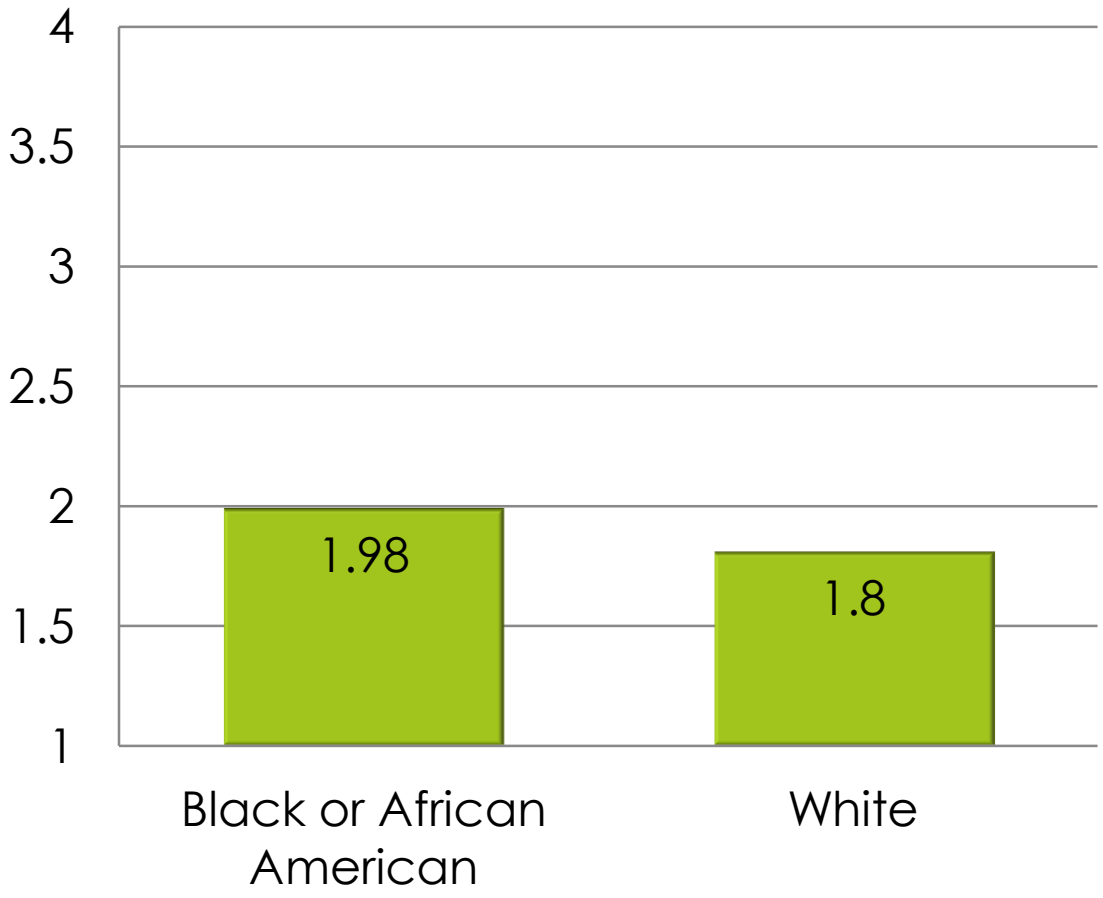
How often are you…
treated as if you were stupid, being talked down to?



How often are…
Your ideas or opinions being minimized, ignored or devalued



Total Discrimination



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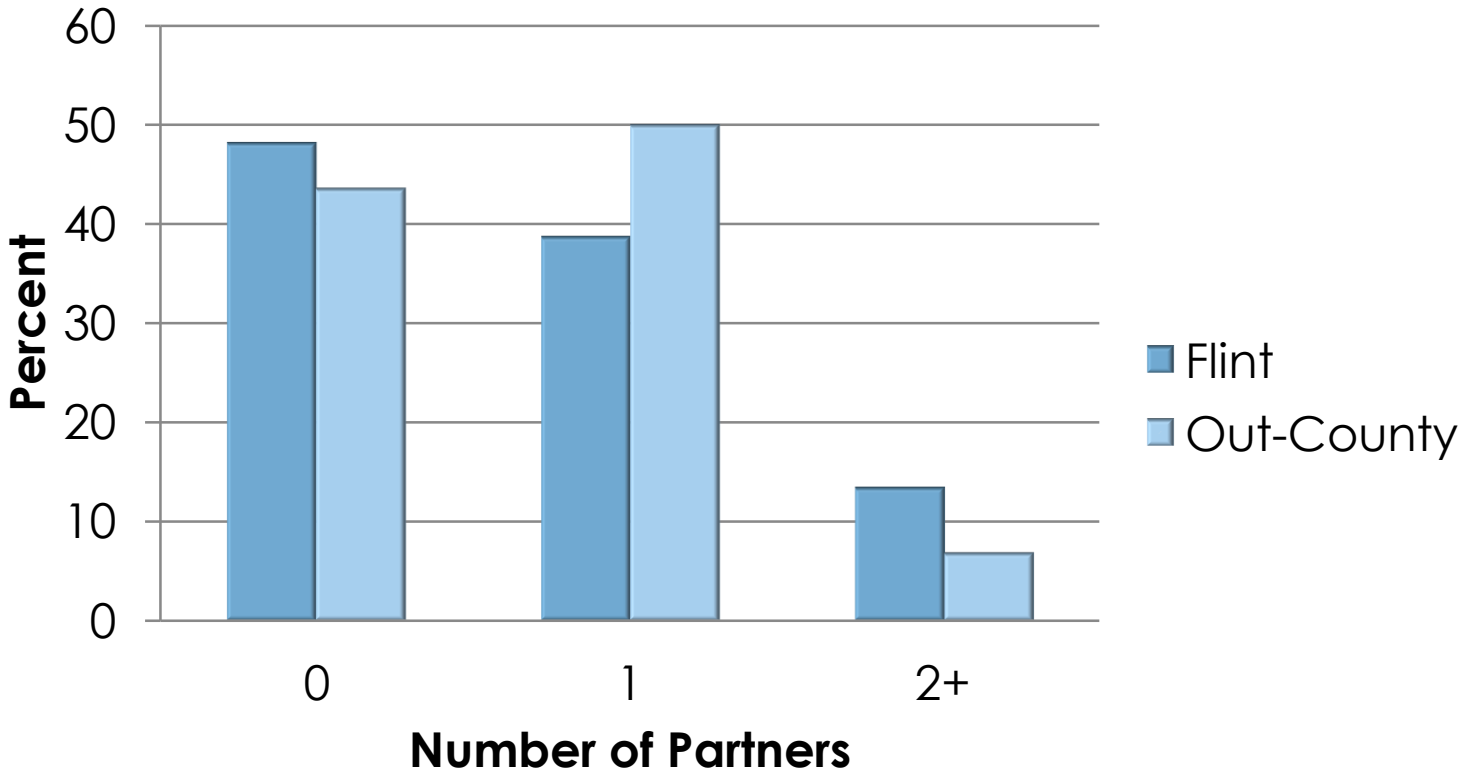
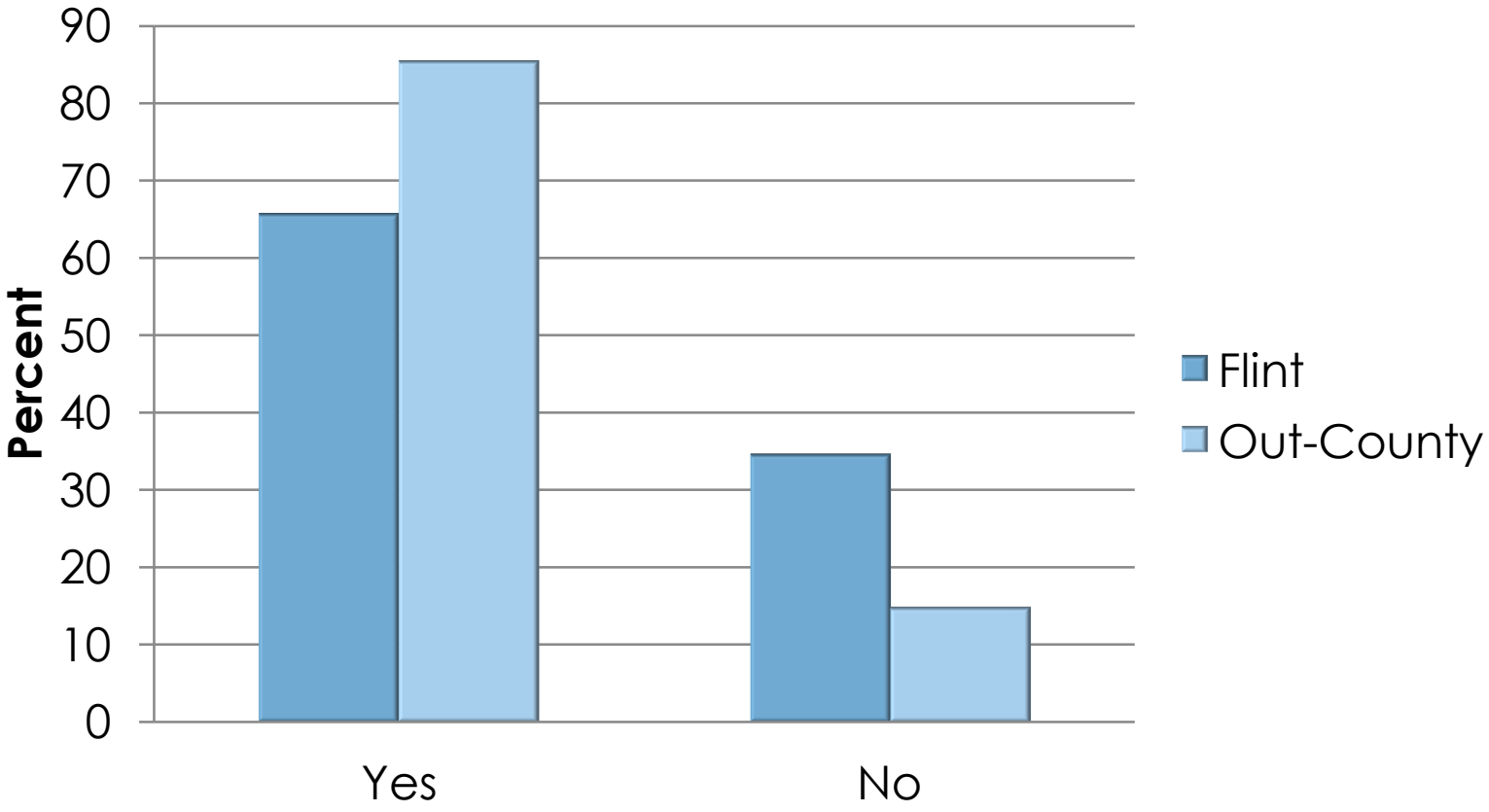
Risk and Protective Behaviors for STIs

Bettina Campbell, MSW
YOUR Center

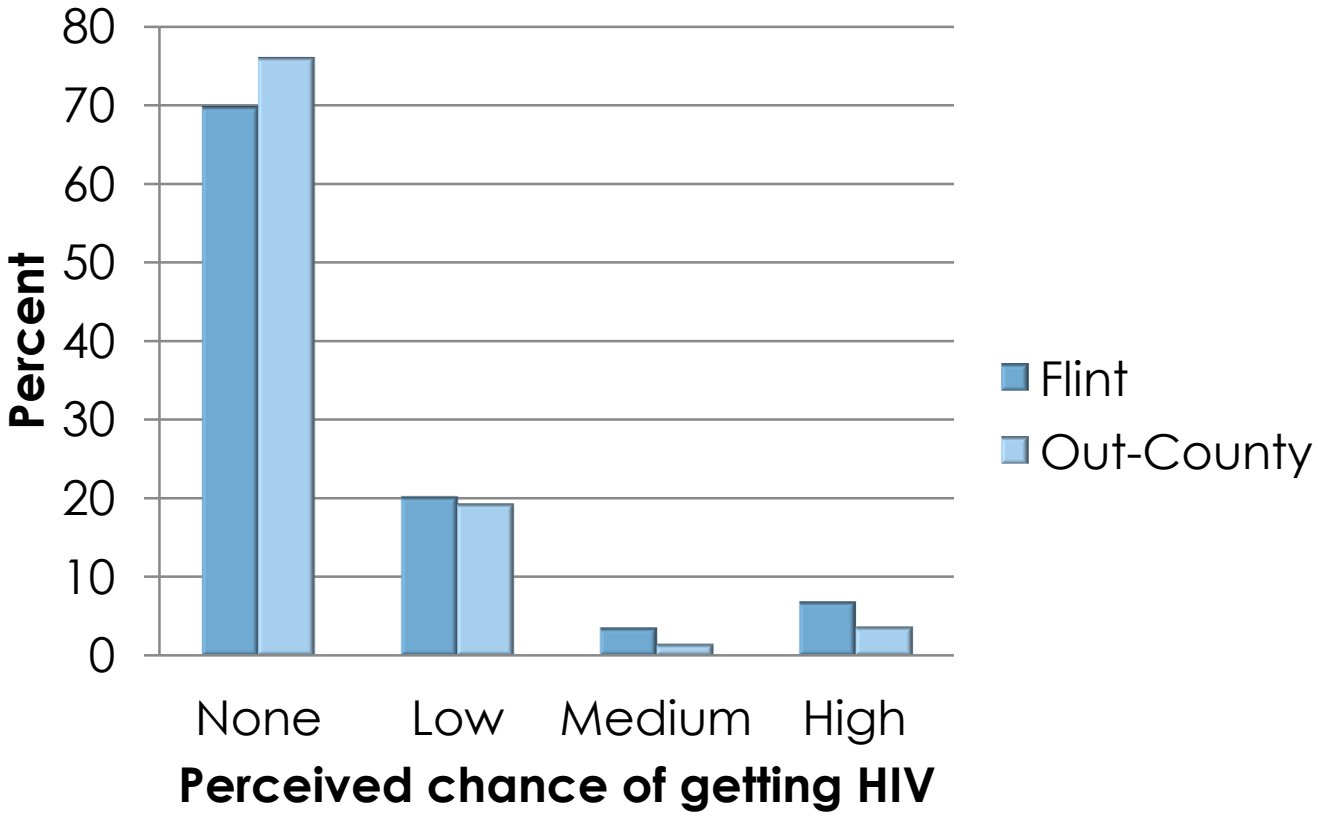
With how many different partners have you had sexual intercourse within the past 12 months?



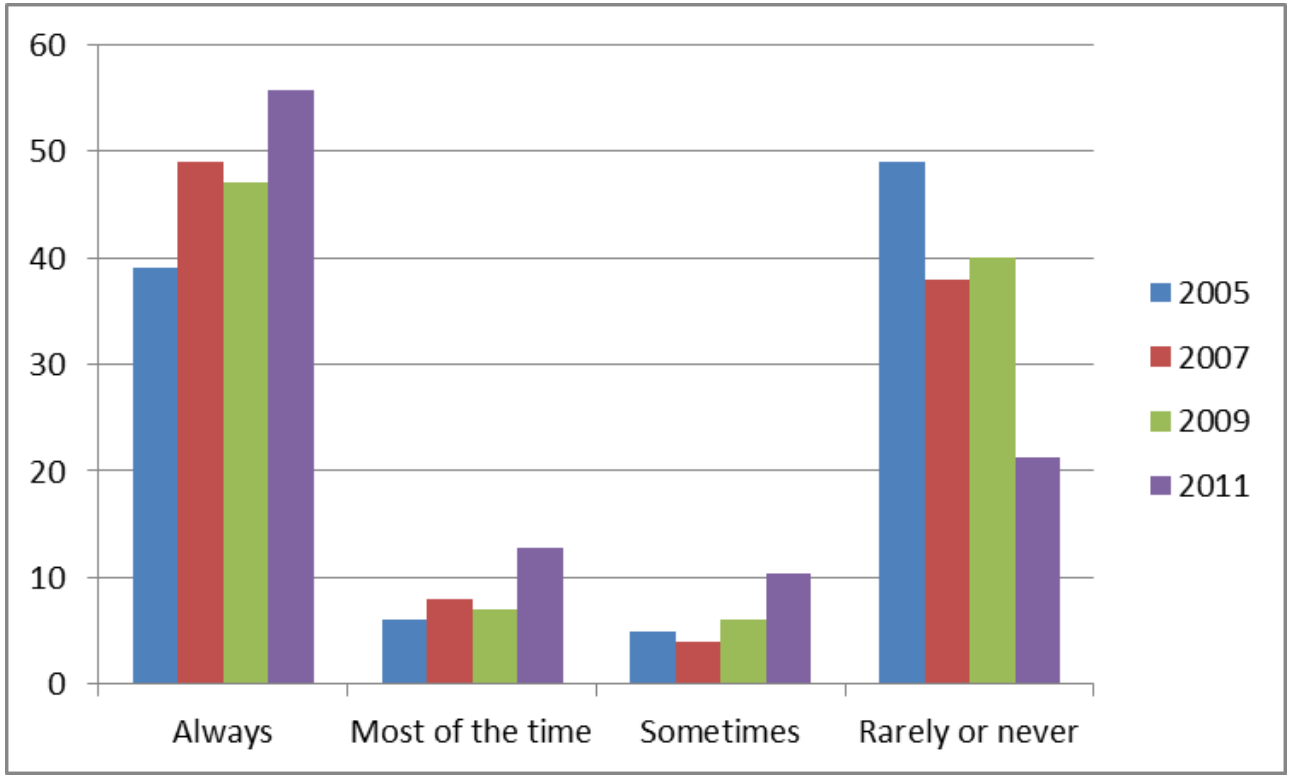
Do you know your partner or all of your partner's HIV status?



What do you think are your chances of getting HIV?



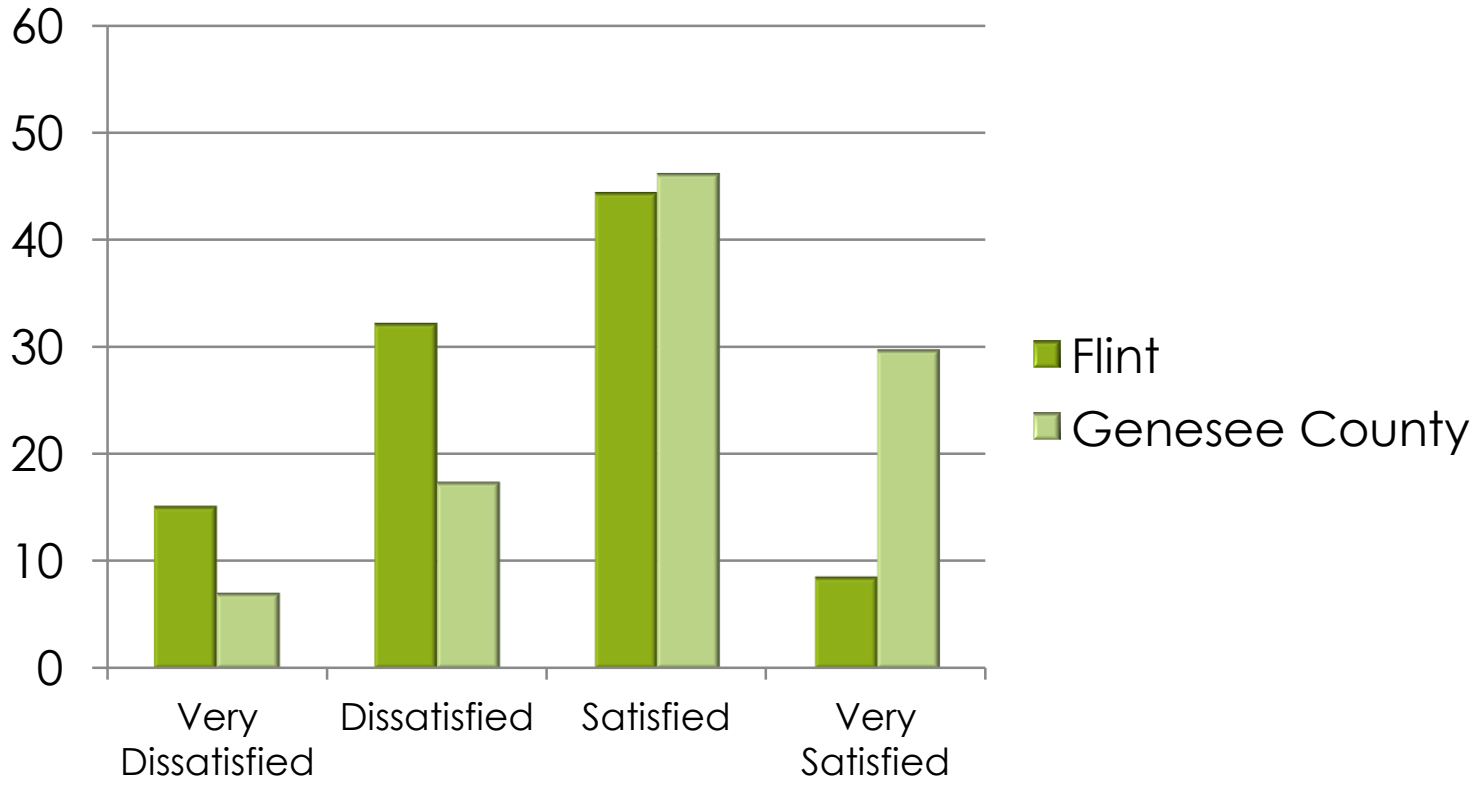
Frequency of condom use when having sex with a new partner



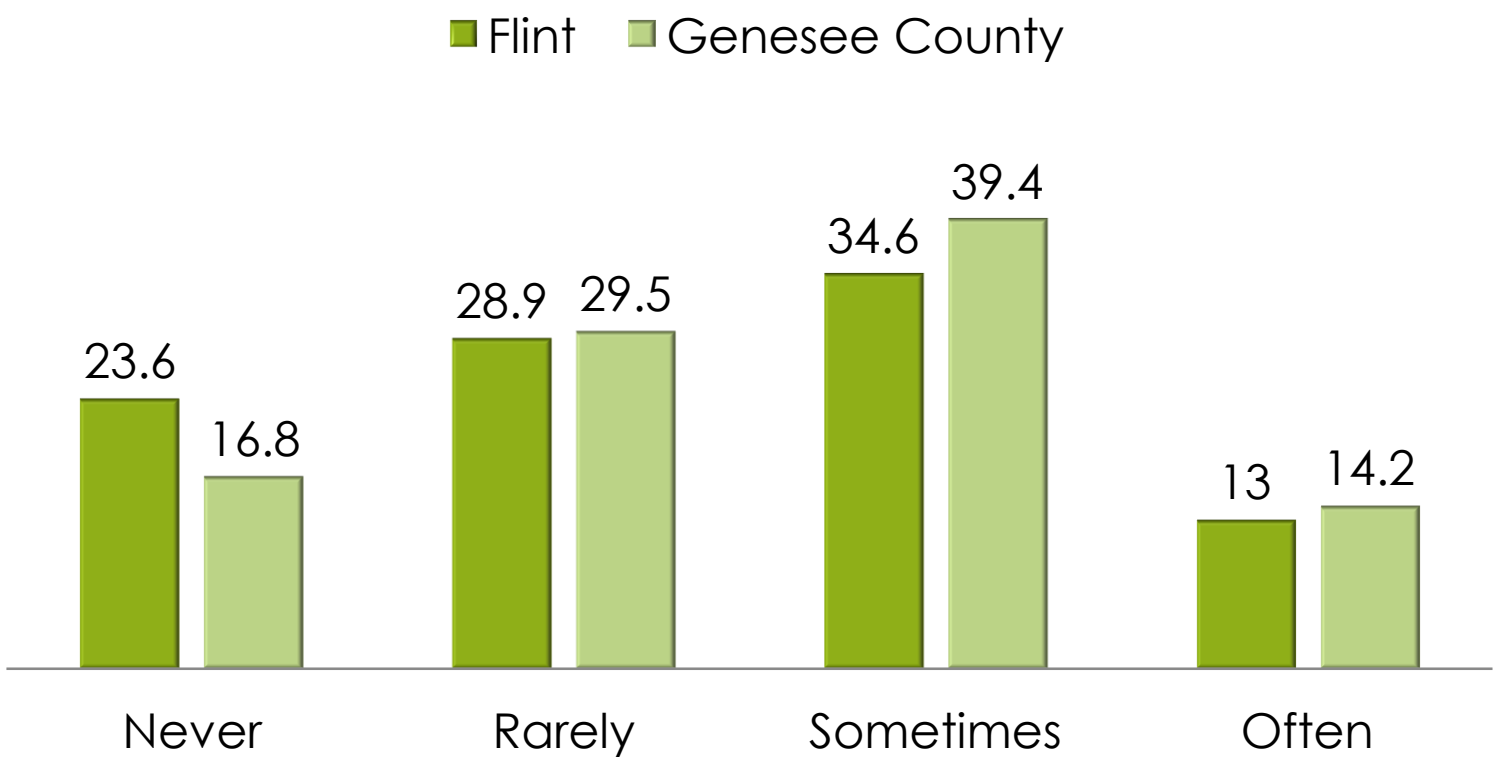
Neighborhood Perceptions

Daniel Kruger, PRC/MI

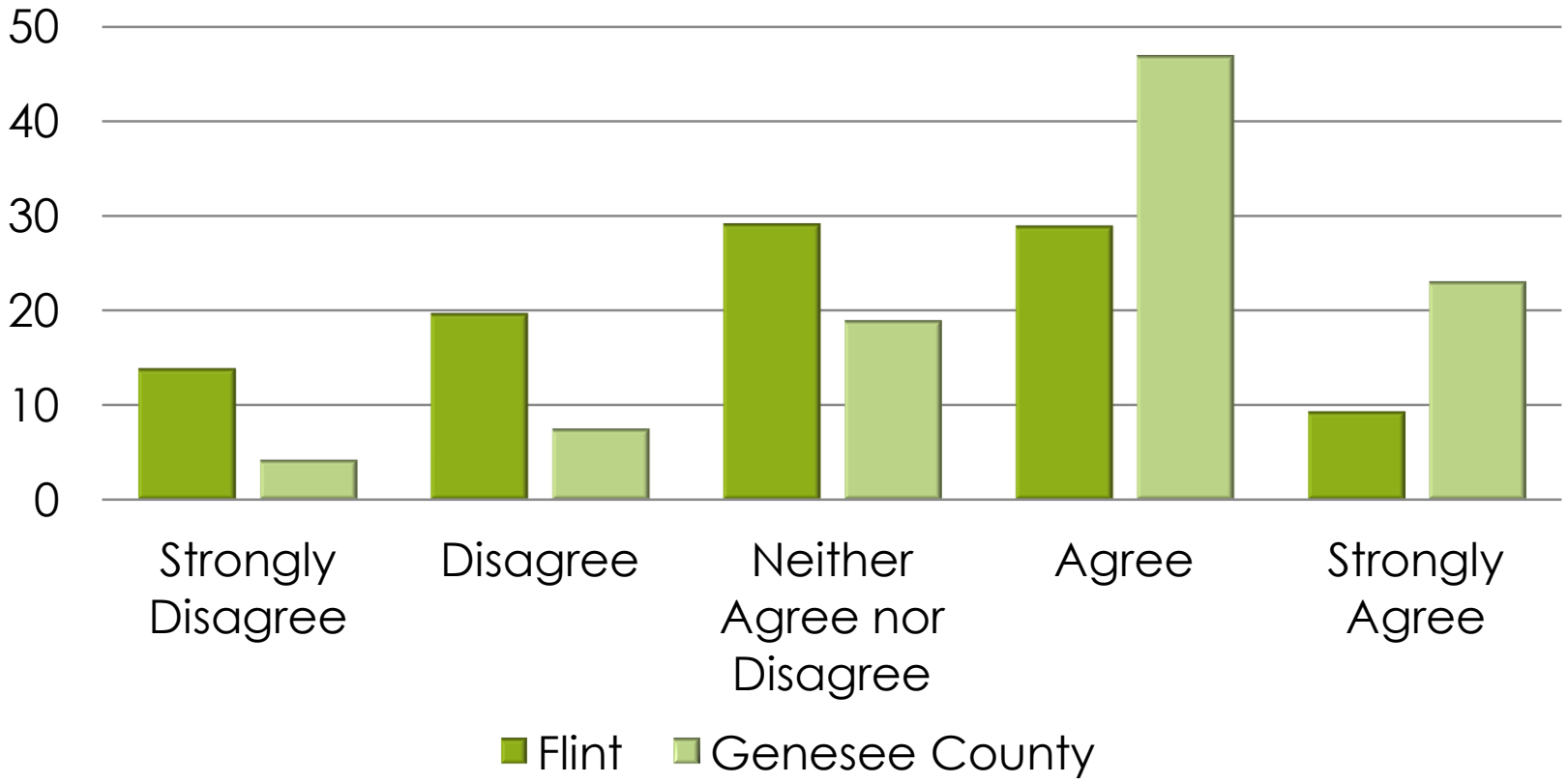
How satisfied are you with the quality of life in your neighborhood?



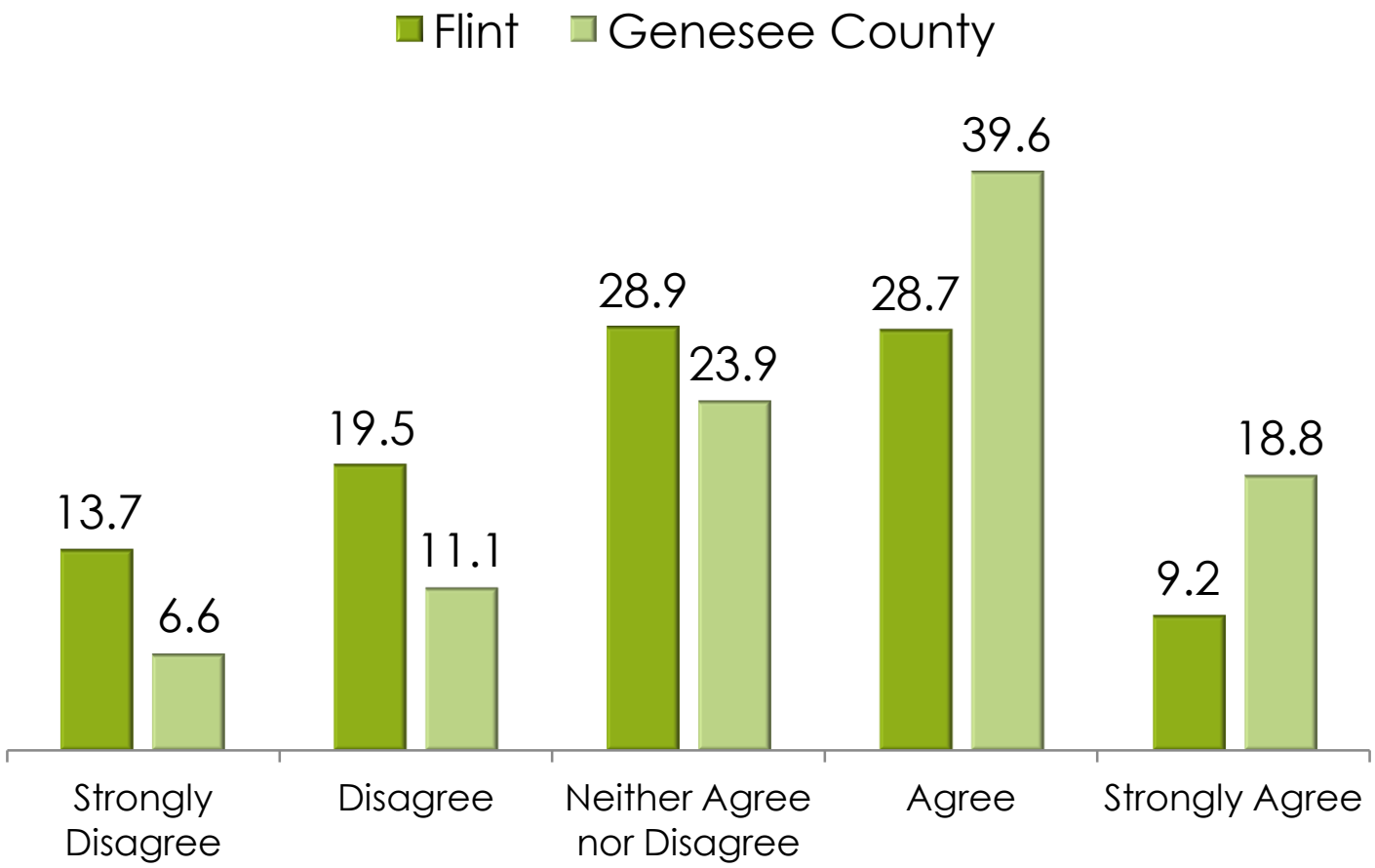
How often do you and other people in this neighborhood visit in each other's homes or outside the home?



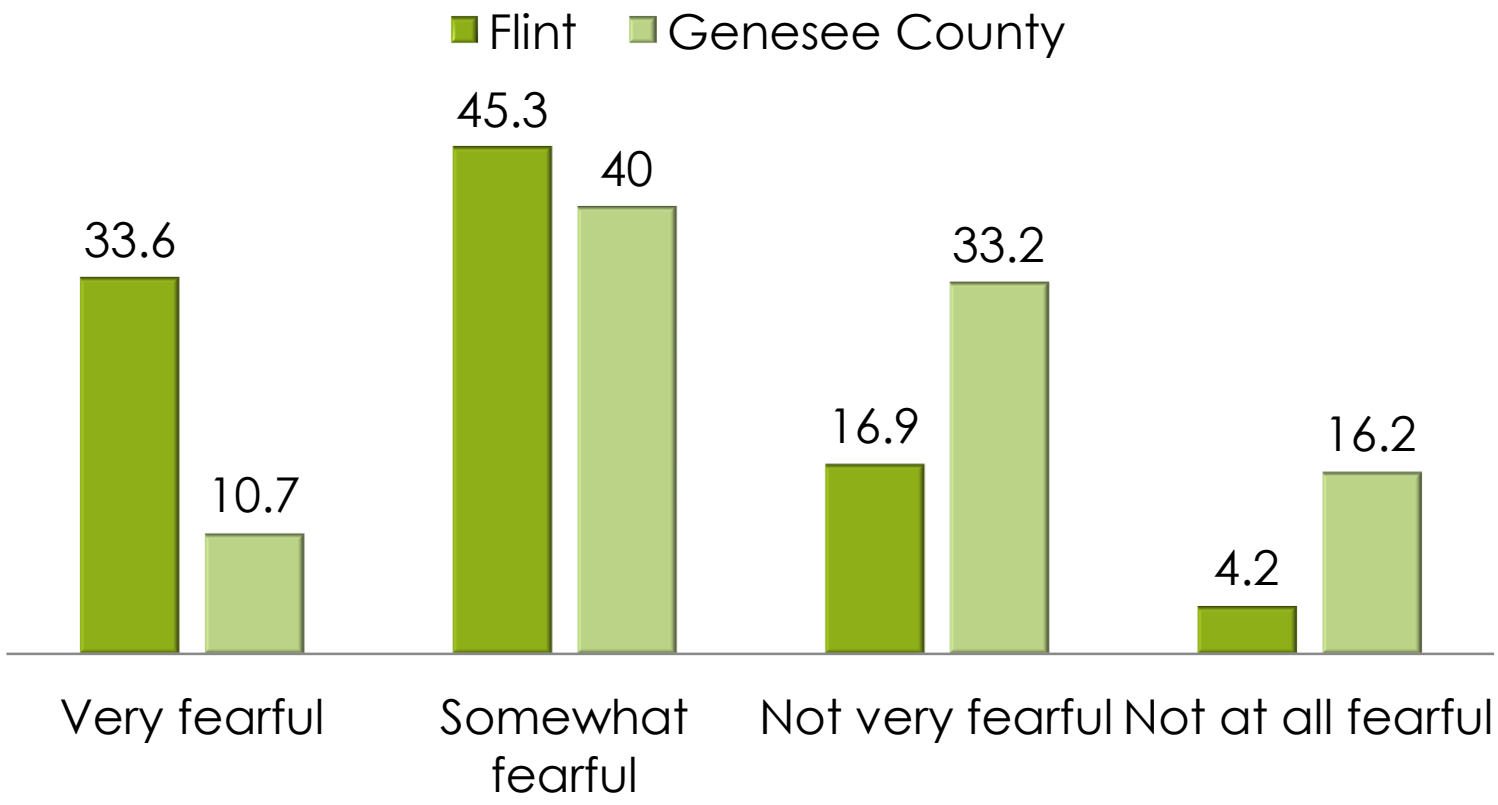
People in this neighborhood are willing to help their neighbors



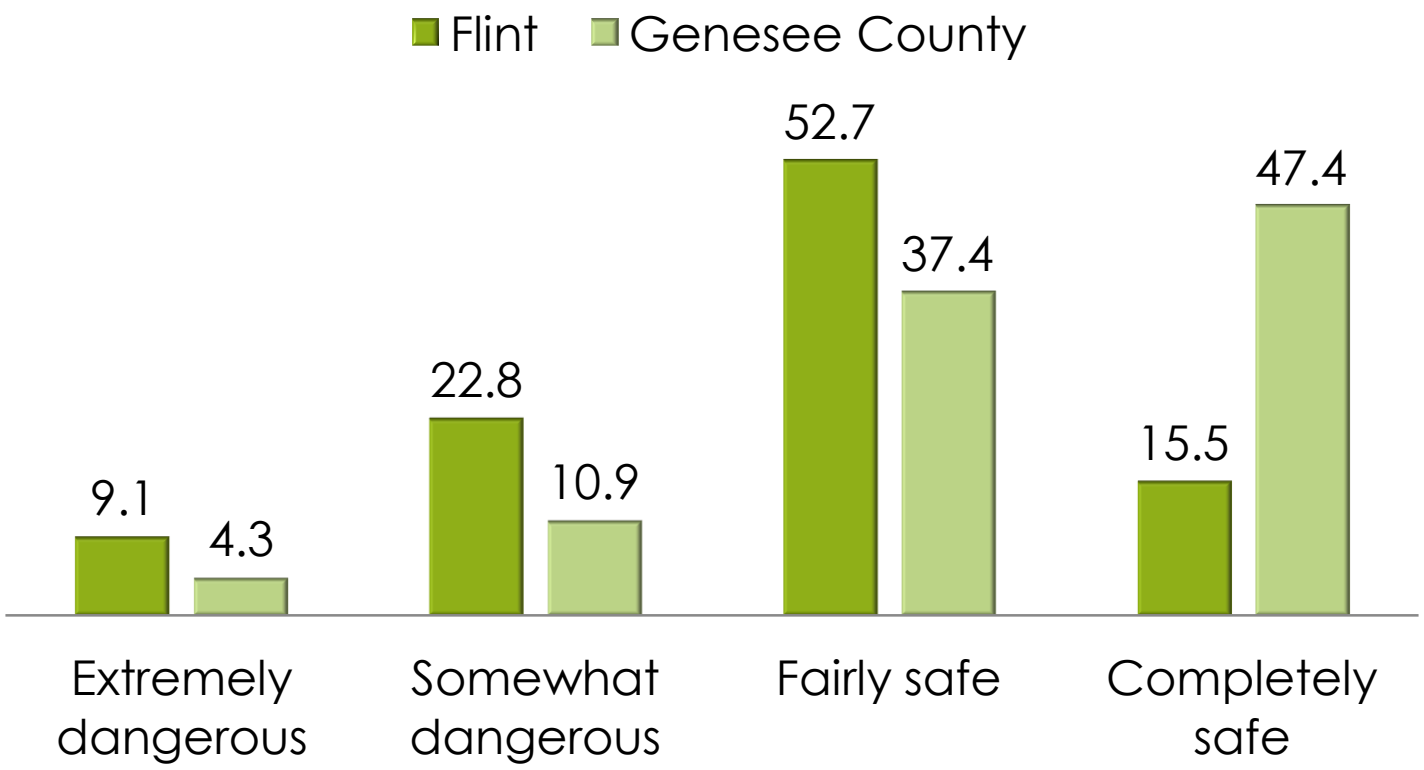
People in this neighborhood can be trusted.



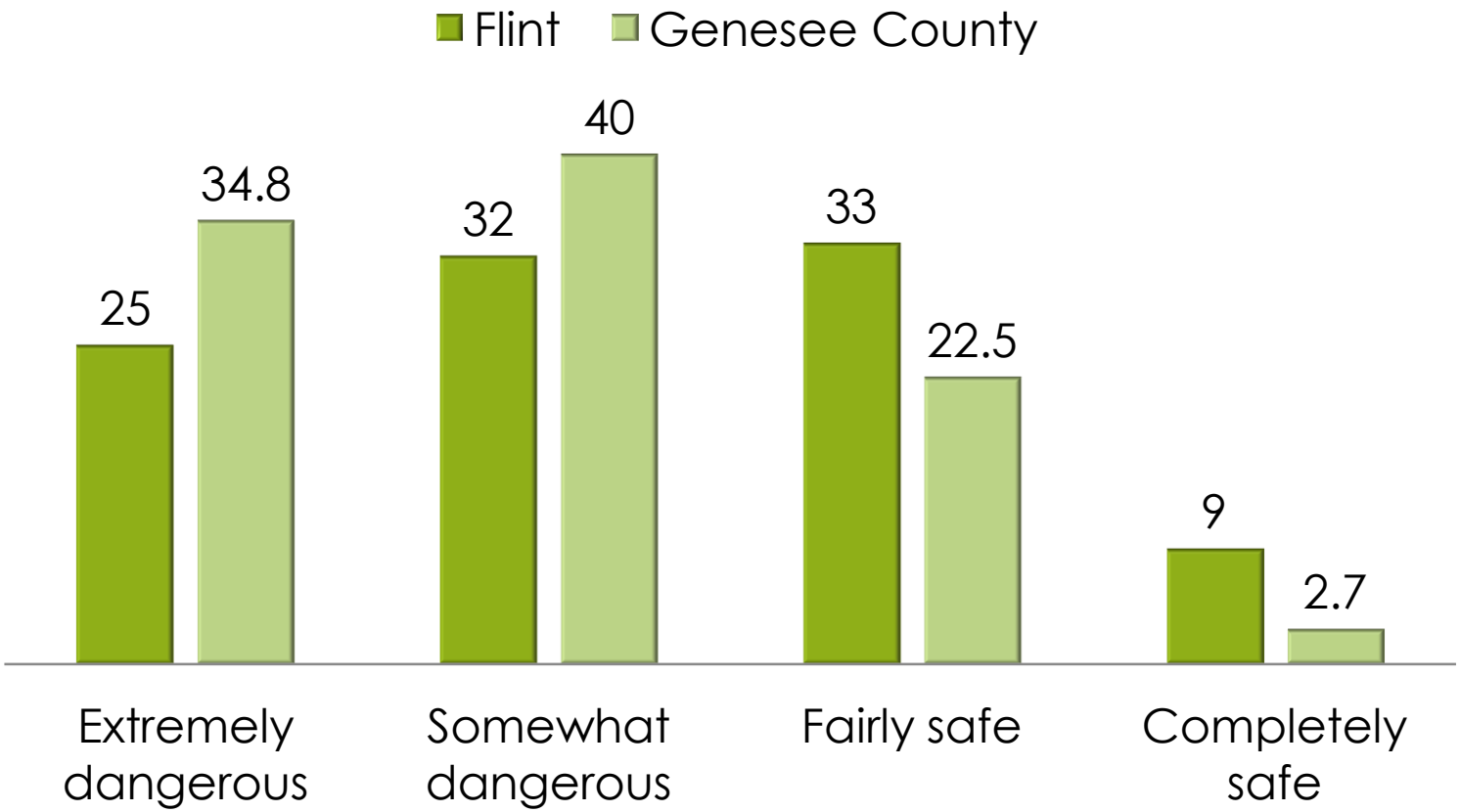
How fearful are you about crime in your neighborhood?



How safe is it to walk around alone in your neighborhood during the daytime?



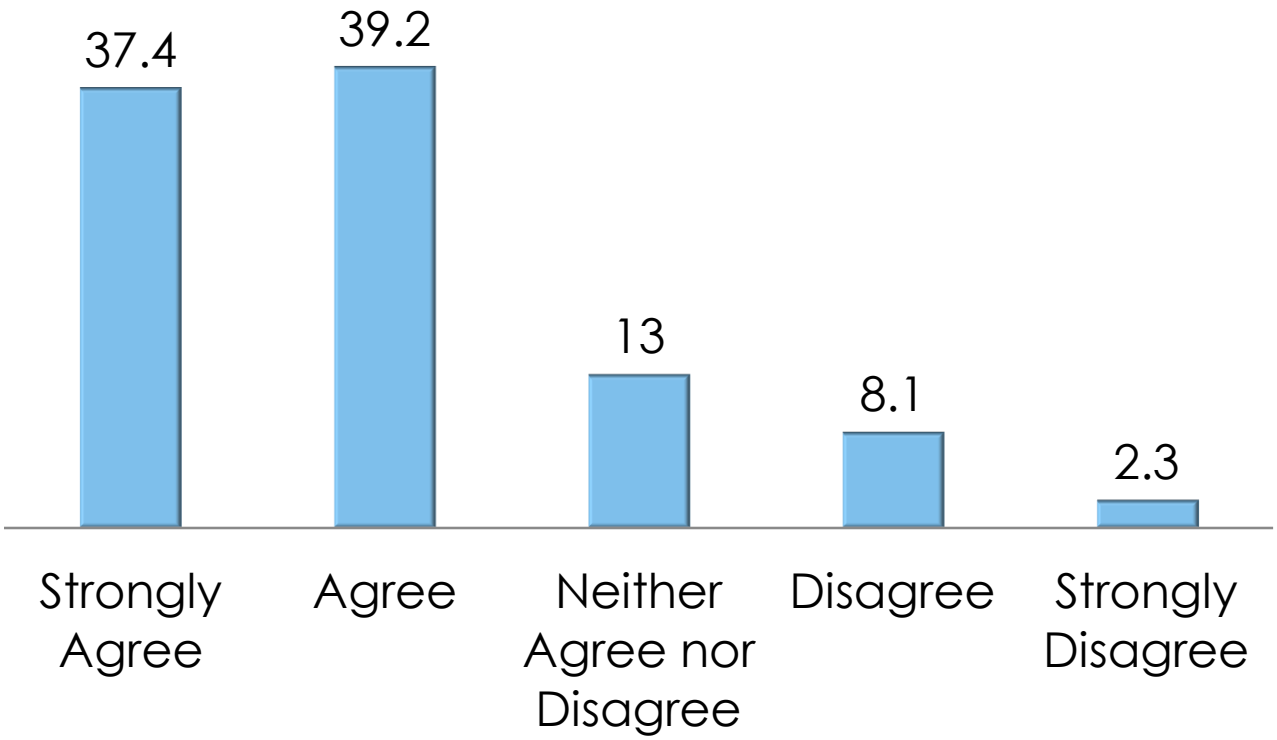
How safe is it to walk around alone in your neighborhood after dark?



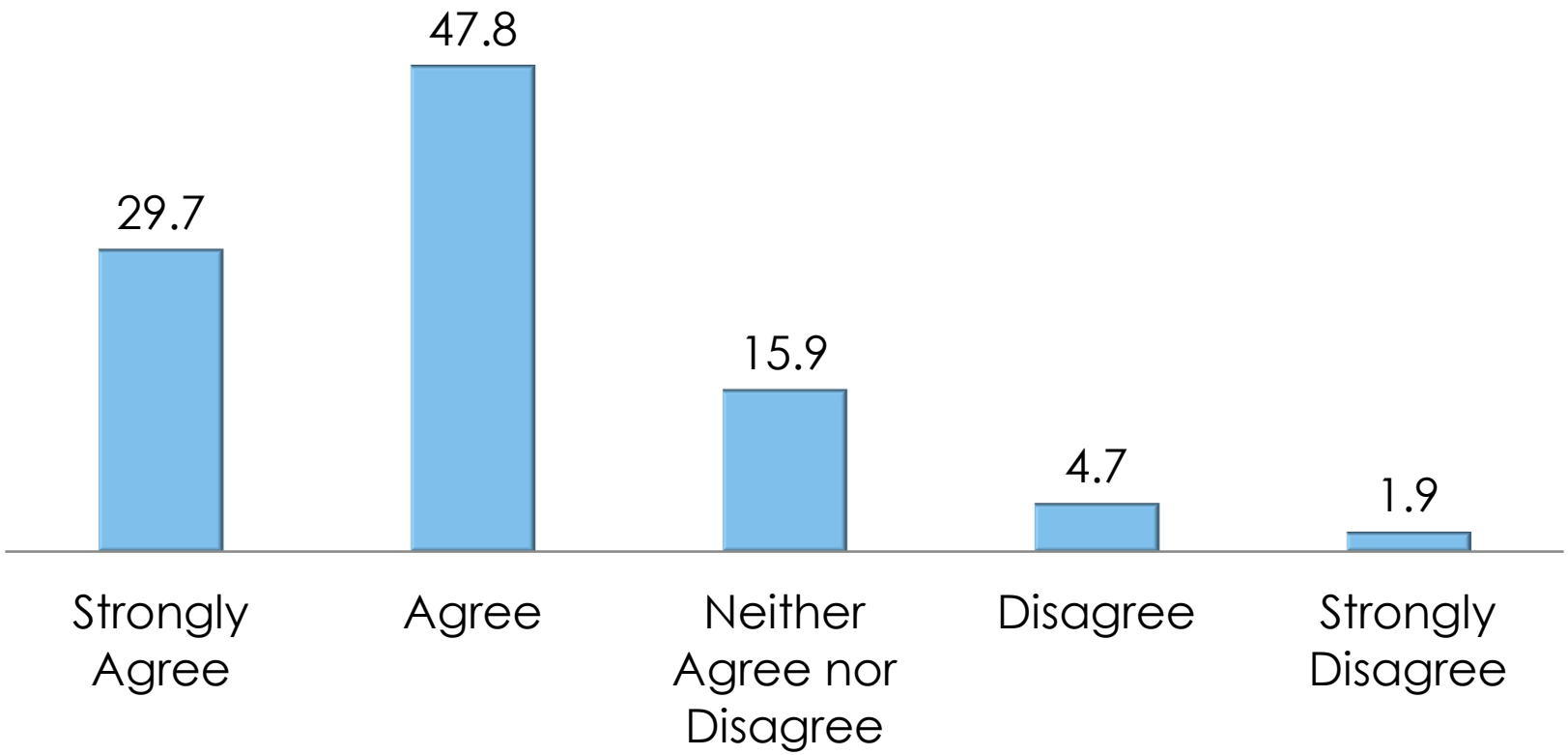
Social Capital

Susan Frazier-Kouassi, PhD
Prevention Research Center of Michigan

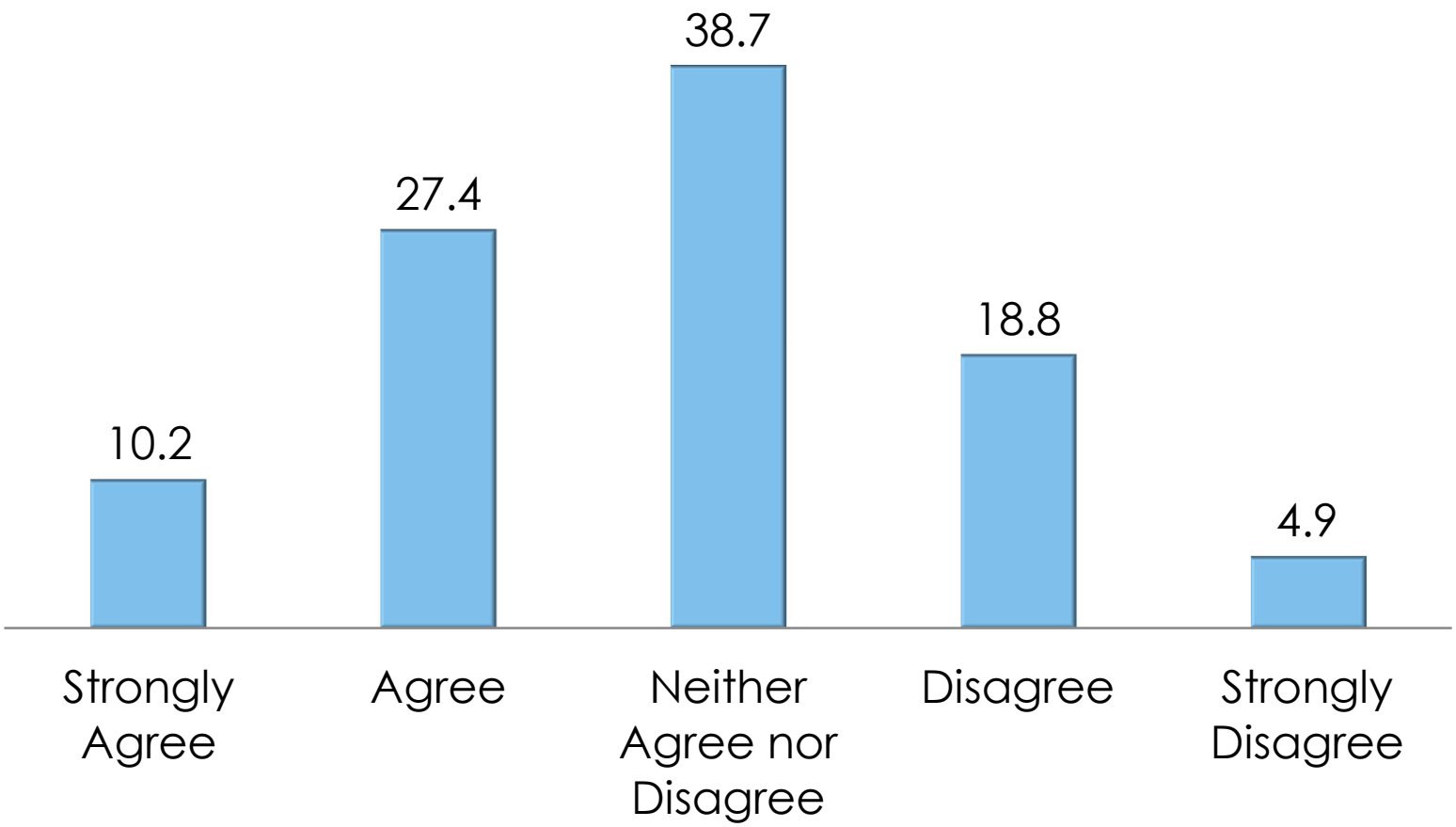
I often get emotional support and practical help from my blood relatives



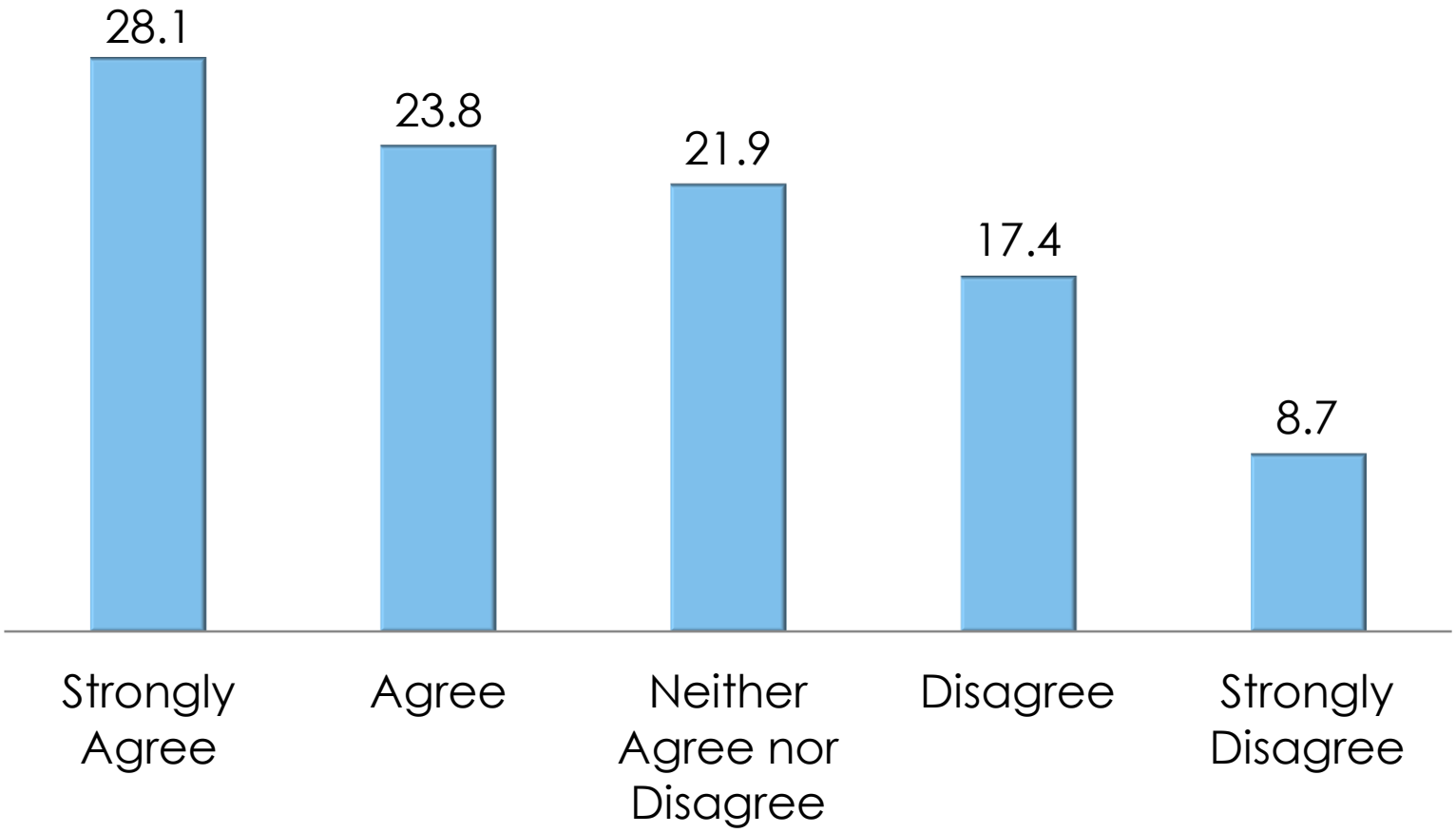
I often get emotional support and practical help from my friends



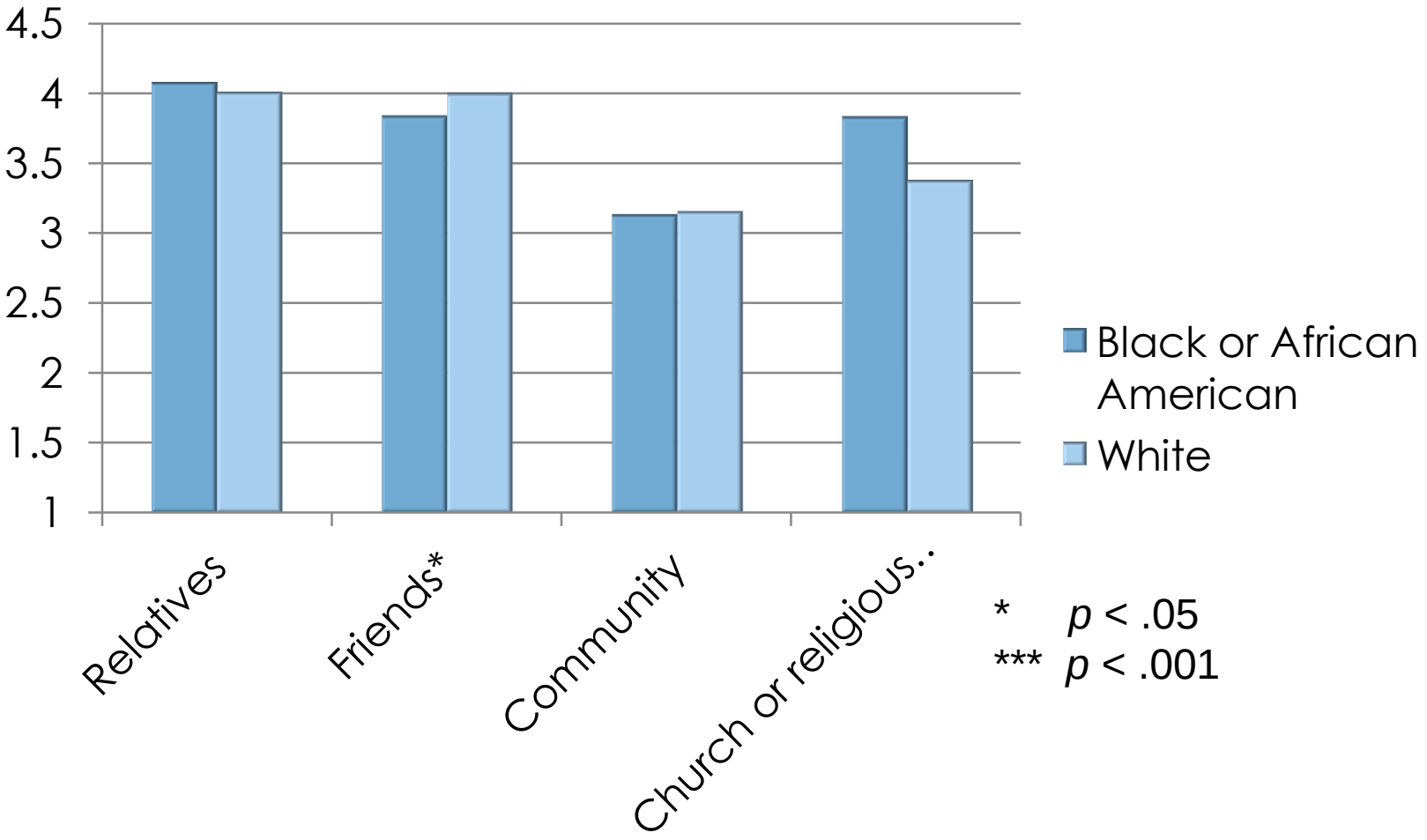
I am closely connected to and involved in my community



I am closely connected to and involved in my church or religious organization

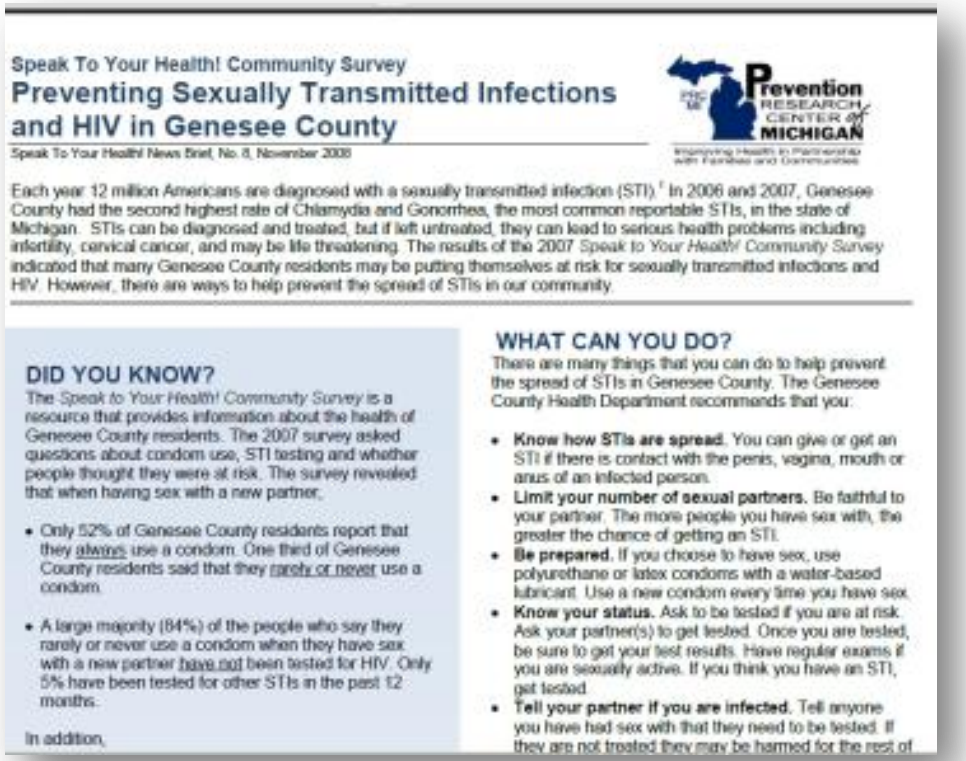


Social Capital



For more information

- Sign up to receive our monthly Speak to Your Health News Briefs
- Request a presentation for your organization



Speak To Your Health! Community Survey

Preventing Sexually Transmitted Infections and HIV in Genesee County

Speak To Your Health! News Brief, No. 8, November 2008

Prevention Research Center of Michigan

Each year 12 million Americans are diagnosed with a sexually transmitted infection (STI).[1] In 2006 and 2007, Genesee County had the second highest rate of Chlamydia and Gonorrhea, the most common reportable STIs, in the state of Michigan. STIs can be diagnosed and treated, but if left untreated, they can lead to serious health problems including infertility, cervical cancer, and may be life threatening. The results of the 2007 *Speak to Your Health! Community Survey* indicated that many Genesee County residents may be putting themselves at risk for sexually transmitted infections and HIV. However, there are ways to help prevent the spread of STIs in our community.

DID YOU KNOW?

The *Speak to Your Health! Community Survey* is a resource that provides information about the health of Genesee County residents. The 2007 survey asked questions about condom use, STI testing and whether people thought they were at risk. The survey revealed that when having sex with a new partner,

- Only 52% of Genesee County residents report that they always use a condom. One third of Genesee County residents said that they rarely or never use a condom.
- A large majority (84%) of the people who say they rarely or never use a condom when they have sex with a new partner have not been tested for HIV. Only 5% have been tested for other STIs in the past 12 months.

In addition,

WHAT CAN YOU DO?

There are many things that you can do to help prevent the spread of STIs in Genesee County. The Genesee County Health Department recommends that you:

- **Know how STIs are spread.** You can give or get an STI if there is contact with the penis, vagina, mouth or anus of an infected person.
- **Limit your number of sexual partners.** Be faithful to your partner. The more people you have sex with, the greater the chance of getting an STI.
- **Be prepared.** If you choose to have sex, use polyurethane or latex condoms with a water-based lubricant. Use a new condom every time you have sex.
- **Know your status.** Ask to be tested if you are at risk. Ask your partner(s) to get tested. Once you are tested, be sure to get your test results. Have regular exams if you are sexually active. If you think you have an STI, get tested.
- **Tell your partner if you are infected.** Tell anyone you have had sex with that they need to be tested. If they are not treated they may be harmed for the rest of

http://prc.sph.umich.edu

Acknowledgements

The 2011 Speak To Your Health Survey was sponsored by:

Prevention Research Center of Michigan, UM SPH

Michigan Youth Violence Prevention Center, UM SPH

Crim Foundation

Special thanks to our event sponsor:

UM-Flint
School of Health Professions and Studies

Next Sessions

Michigan Youth Violence Prevention Center

HOPE
HIV/STD Outreach, Prevention & Education

YOUTH EMPOWERMENT SOLUTIONS

Michigan Youth Violence Prevention Center - Rm 1205

HOPE: HIV/STD Outreach, Prevention and Education – Rm 3201

Motherly Intercession: Strengthening Incarcerated Families – Rm 3202

YES: Youth Empowerment Solutions – Rm 3203